

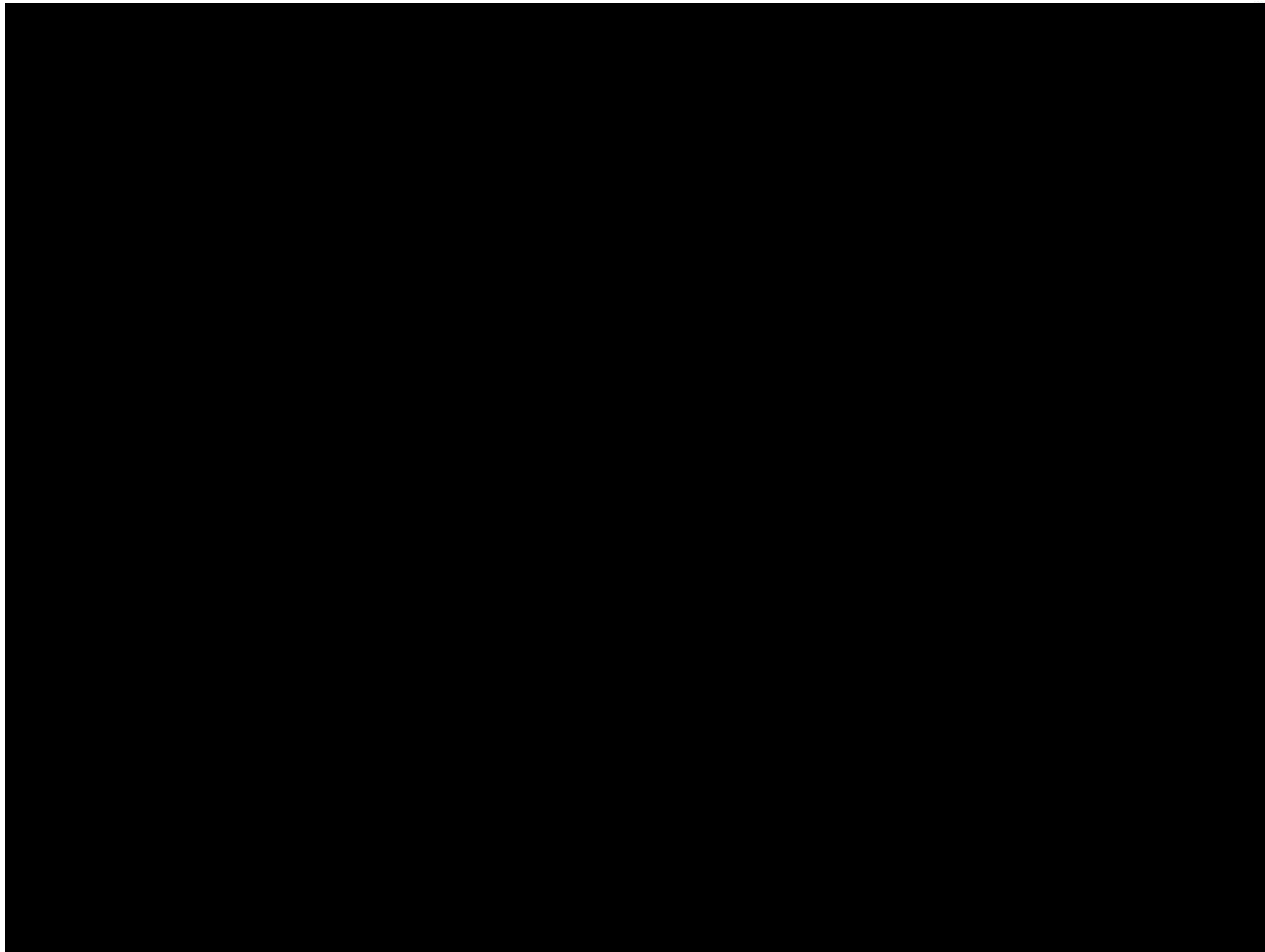


Appetite for Destruction

Eat plants, Plant trees
survive - and thrive

Gerard Wedderburn-Bisshop

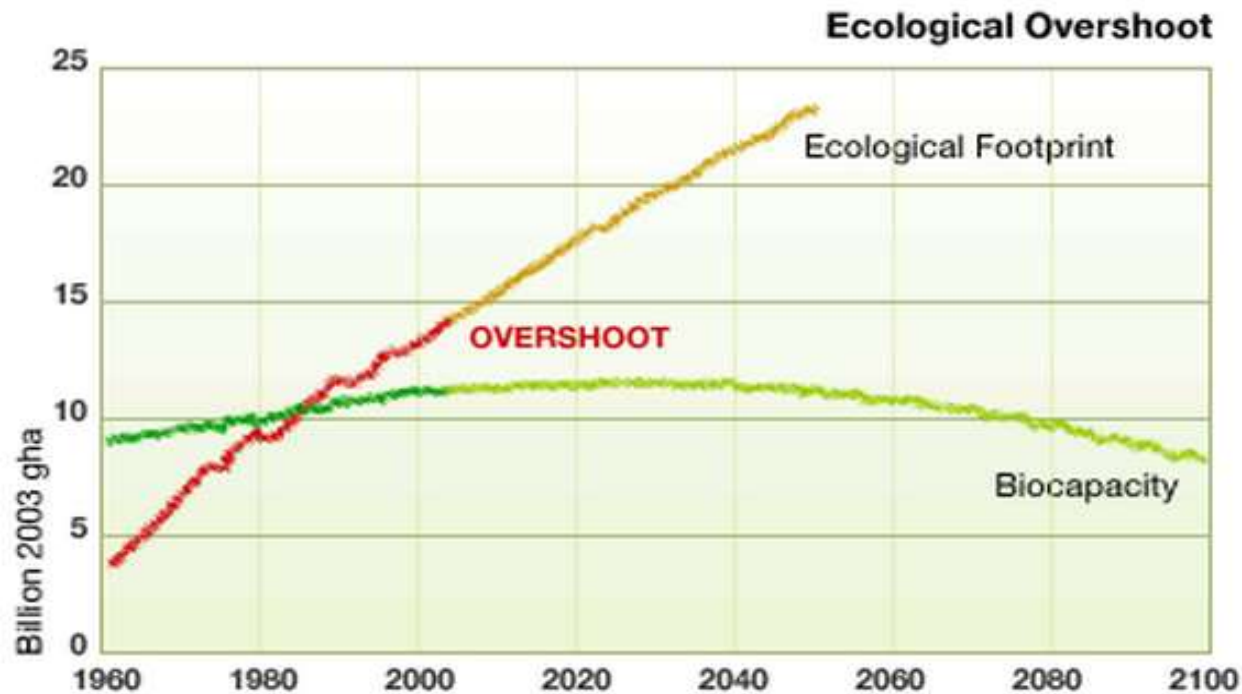
Sept 2020



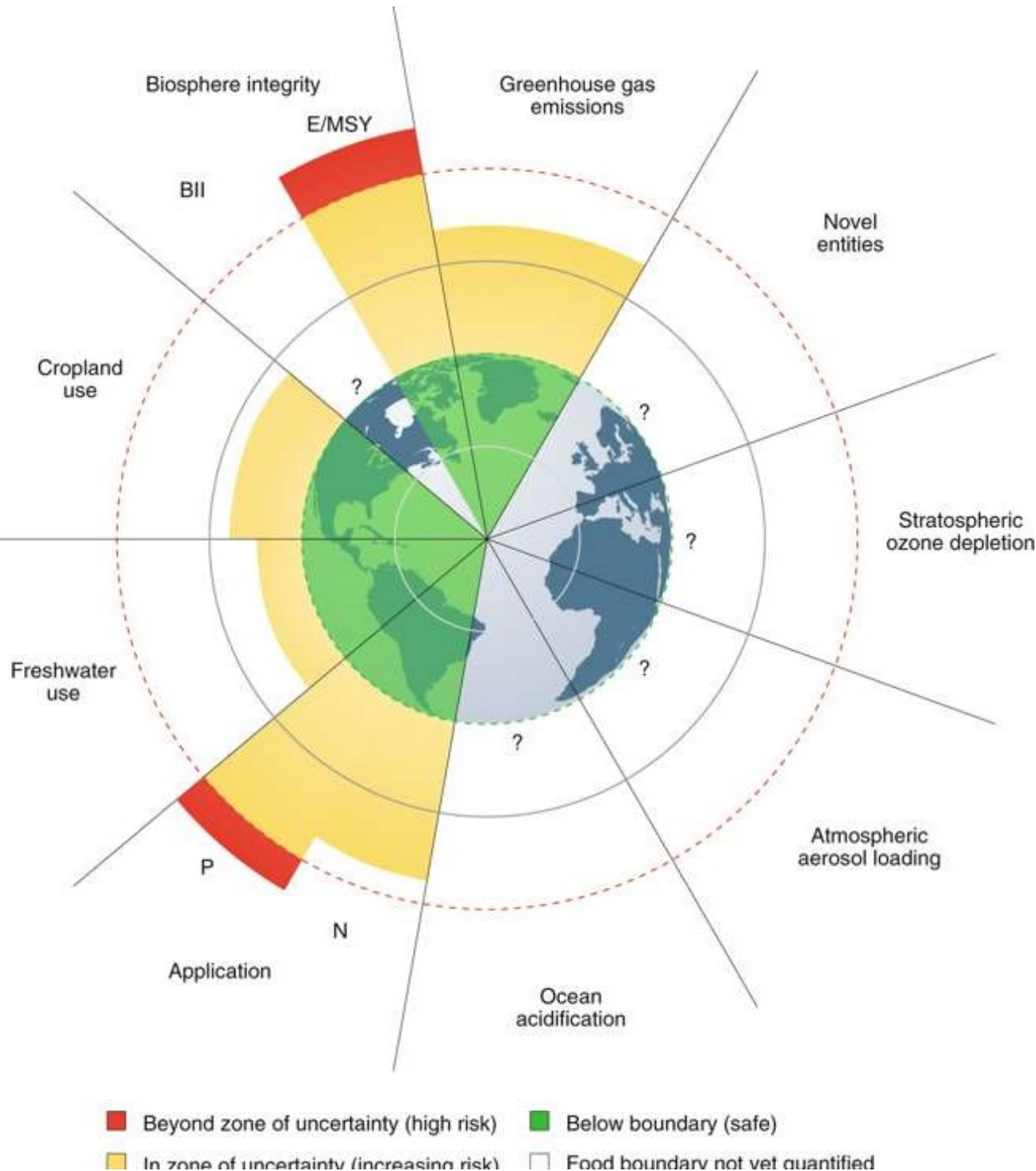


Footprint and Planetary Boundaries





The earth now needs 1.7 years to generate what we use in a year (*WWF Living Planet Report, 2018*)



Already exceeded:

- Biosphere (biodiversity loss)
- Nitrogen/phosphorous

Close to limit:

- Deforestation
- Climate change
- Water use



“Global food production is the single largest driver of environmental degradation and transgression of planetary boundaries.”

(Willett et al, 2019; EAT-Lancet Commission, 2019)

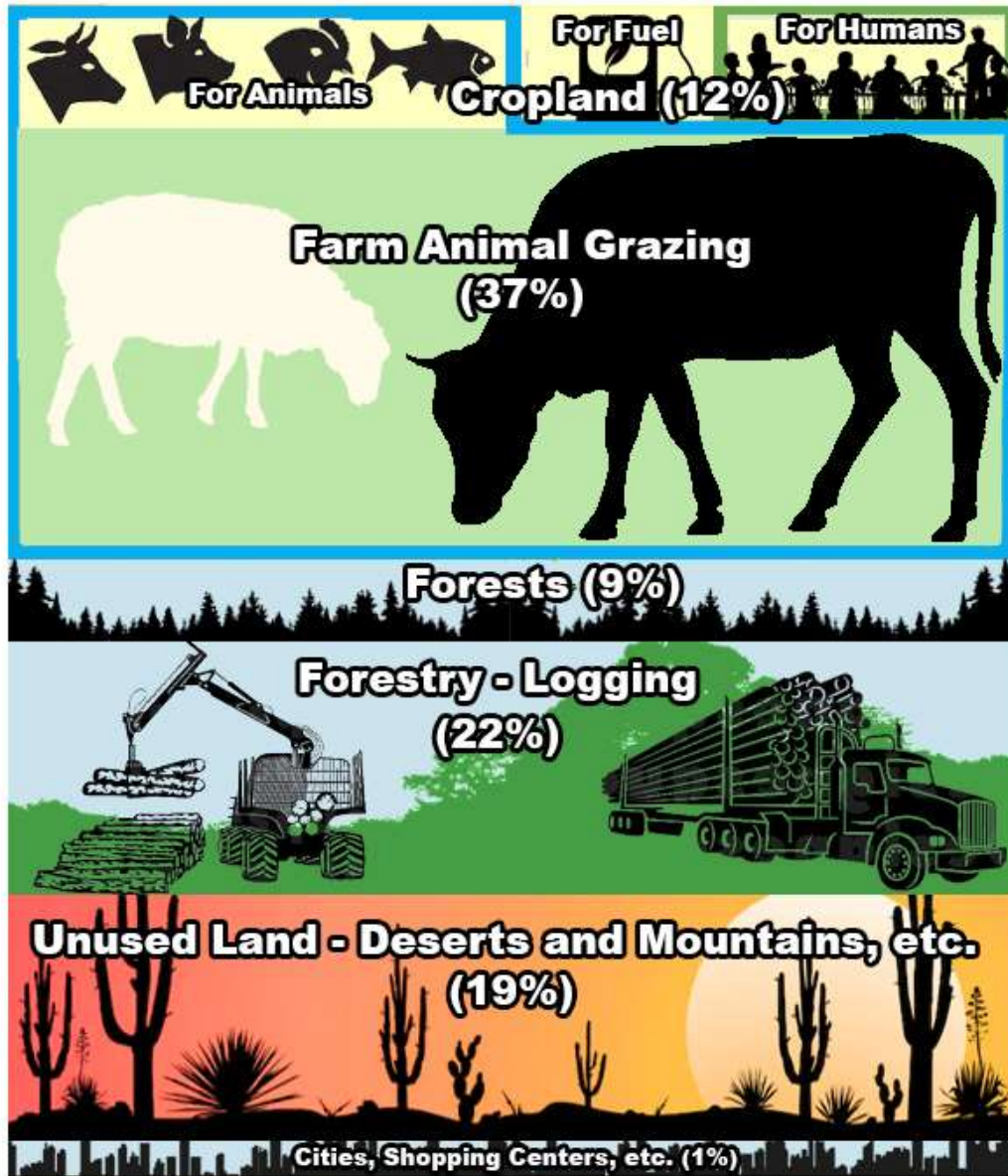


Diet change is essential for a
habitable planet

It's no longer a matter of personal
preference



How we use Planet Earth



produces

1.35 GT



78%

produces

0.19 GT



meat, dairy, eggs

12%

Land Use Solution

- Re-wild grazeland and crops for animals
- Increase cropland for human foods
- Halt animal extinctions
- Stop encroaching of Indigenous lands
- Reduce pollution and pesticides
- Resolve our climate crisis by sequestering CO2 and reducing methane in freed up land
- Store 20% carbon vs only 2%

Going vegan does this!

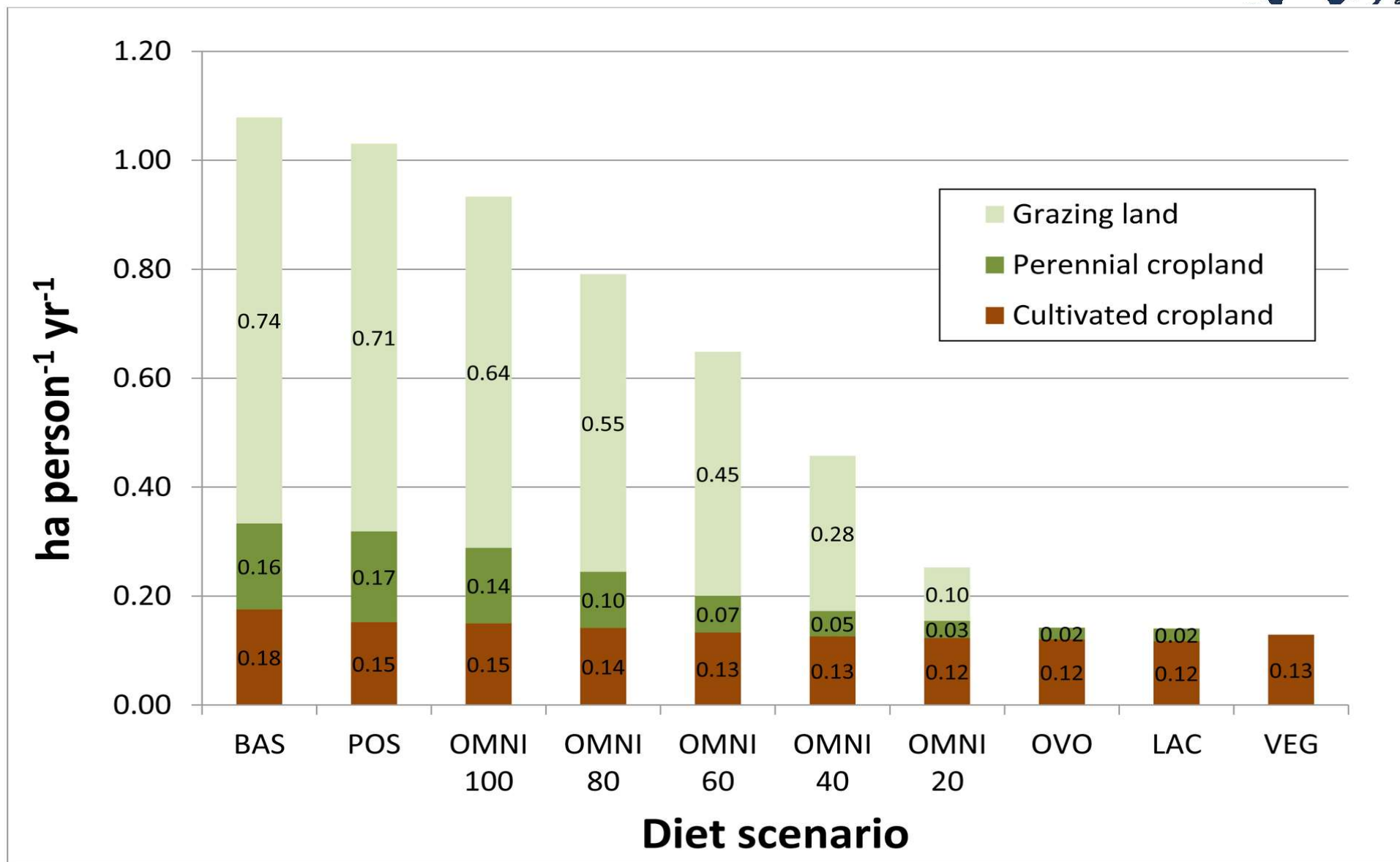
www.ClimateHealers.Org

Total Ice-Free Land: Source: 2019 IPCC Special Report



A vegan diet reduces land use by
3.1 billion ha - 76%

Poore & Nemecek, 2018





Deforestation



Deforestation for soy crops
in Argentina (Greenpeace)

130,000 km² tropical forest
destroyed each year

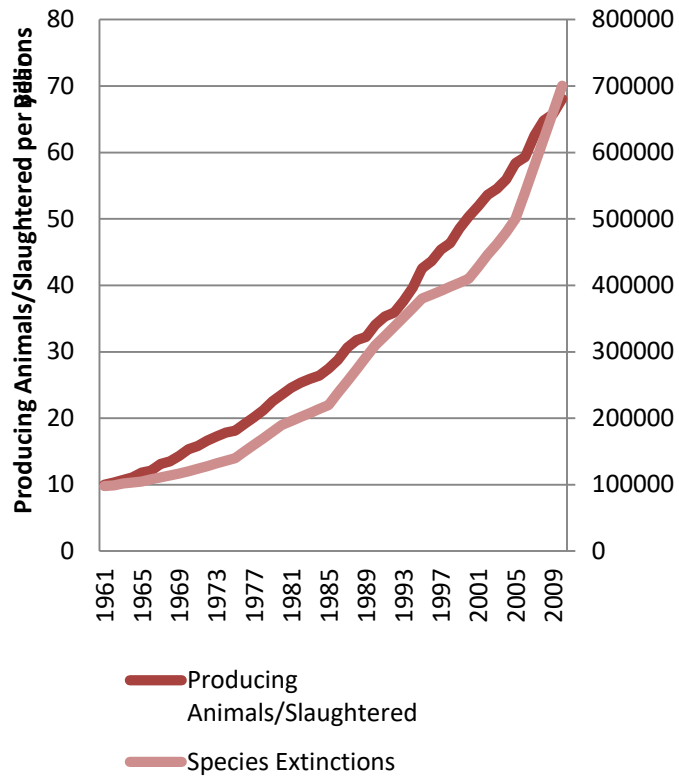
85% of forests now gone,
degraded or fragmented

One fifth CO₂ emissions from
deforestation

UNEP, 2012; WRI 2015



Livestock Numbers and Extinctions



Planetary boundary will be exceeded by 2025-2035

Ecological footprint boundary hit in 2050

Result is ecological collapse



Cause:

84% of South American deforestation is for pasture and livestock feed (Sy et al. 2015)



23% Indonesian deforestation for palm oil, 20% for pasture (Austin et al 2019)

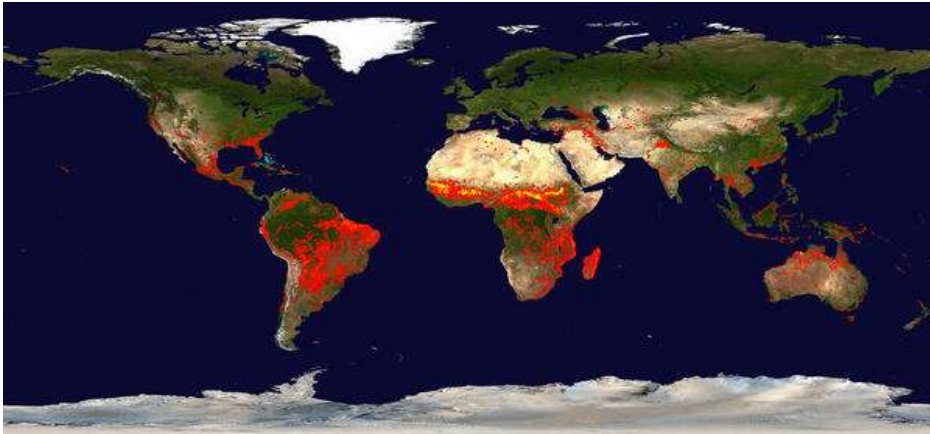


Logging does not kill forests
Food kills forests

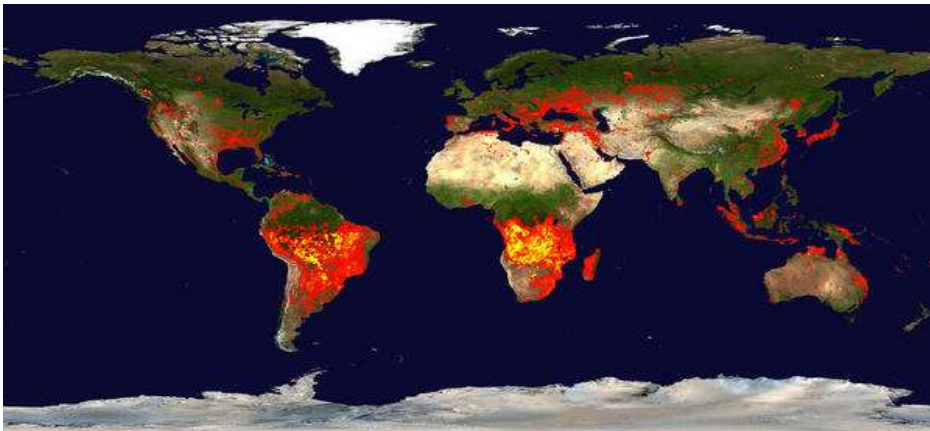
(Hosonuma et al, 2012; Chomits & Thomas, 2001, WorldWatch 2004)



How to kill a forest



MODIS fire map 08/19/2010 to 08/28/2010



MODIS fire map 11/17/2010 to 11/26/2010



Switching from animal protein to plant protein can stop deforestation

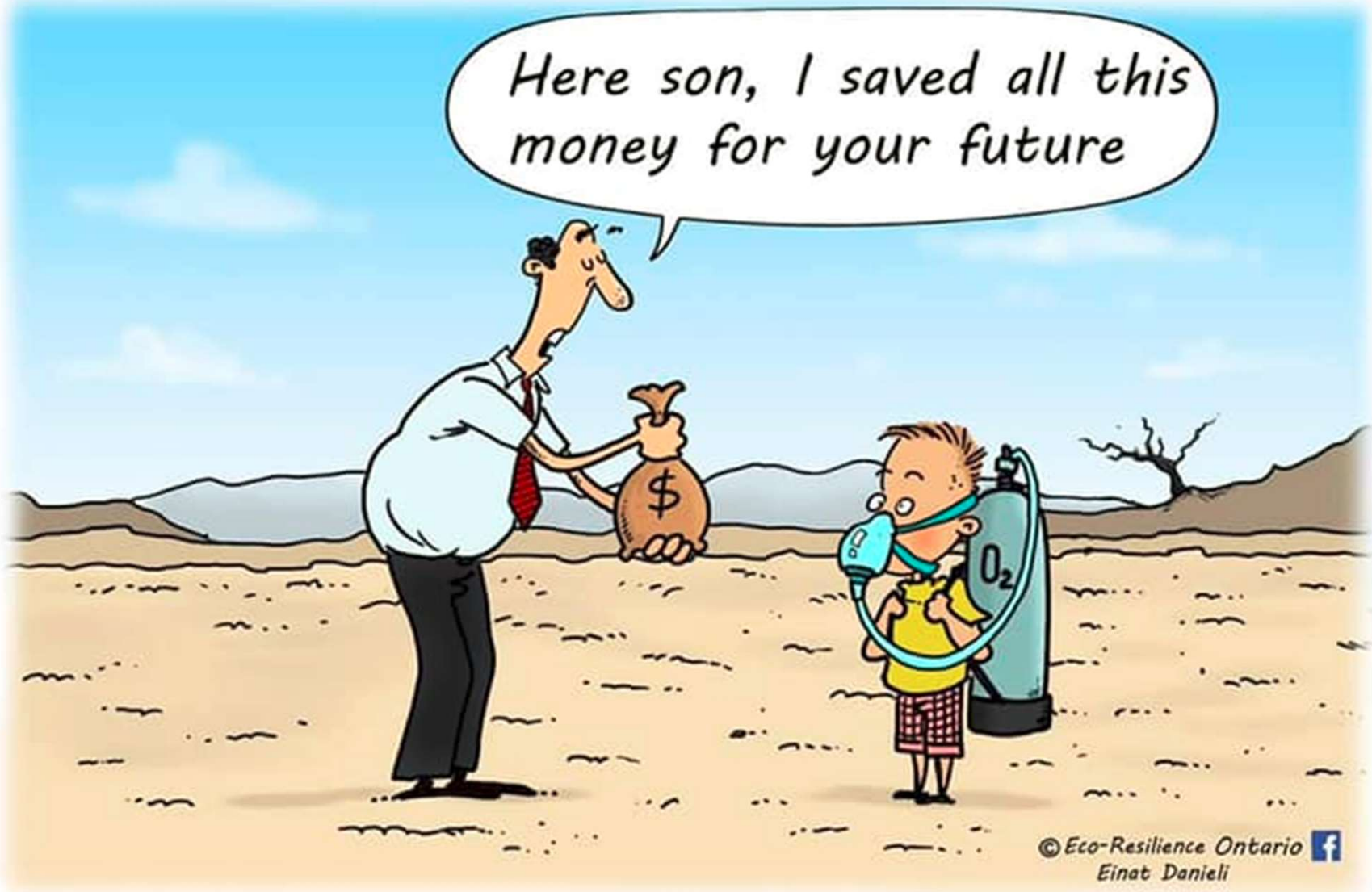
(Worldwatch Institute, 2004)



Returning 41% of pastures to forest will draw down 27 years of current emissions

(Rao et al. 2015)

Here son, I saved all this money for your future





Biodiversity Loss



Humans are causing the 6th great extinction



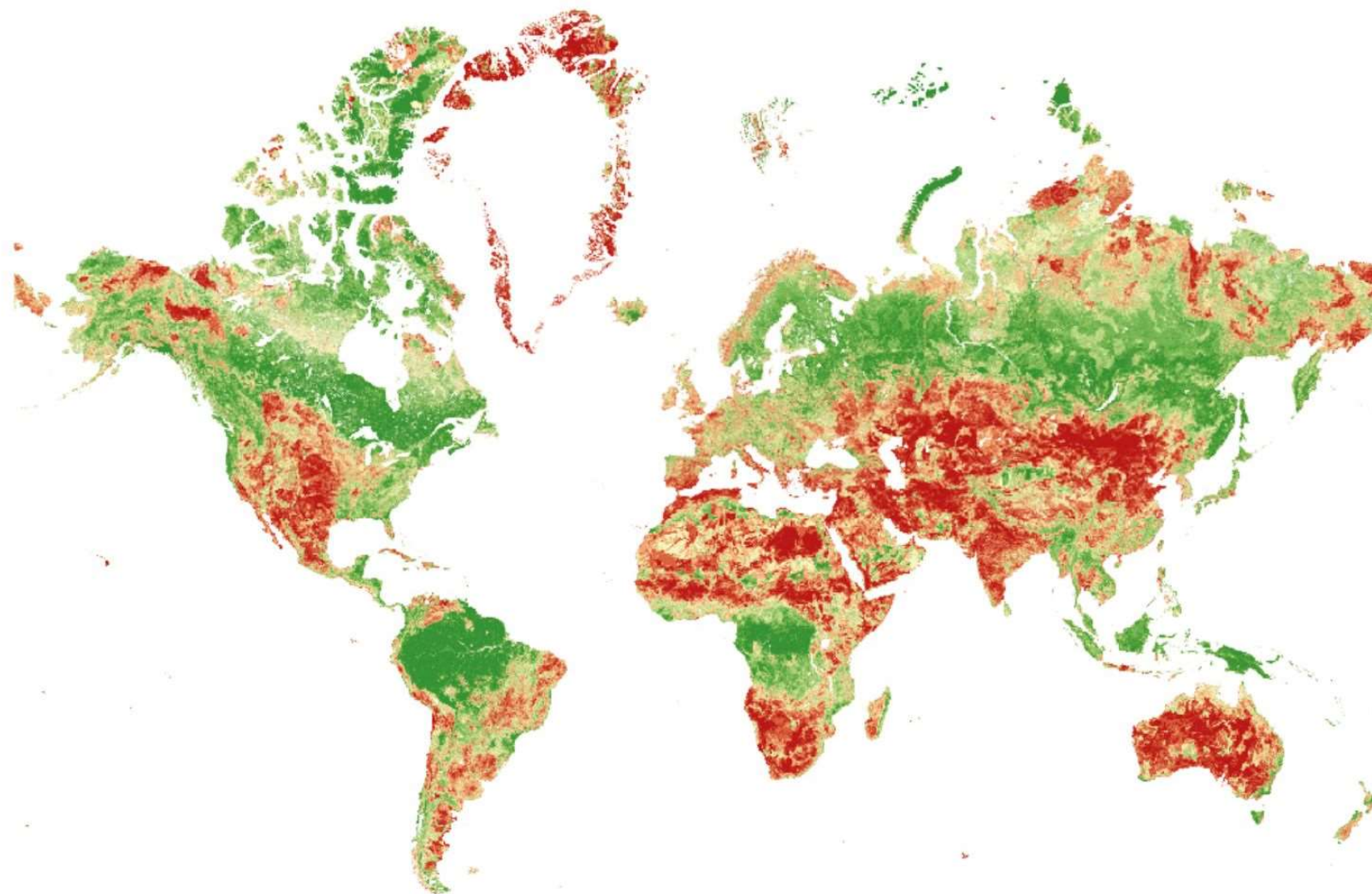
“Humans are responsible....the sixth mass extinction is already here and the window for effective action is very short”

(Ceballos et al, 2015)

Species loss 1,000x faster

(Hopkin, 2005)

Global SRI BES Index map at 1 km² resolution



Biodiversity & Ecosystem Services (BES) Index

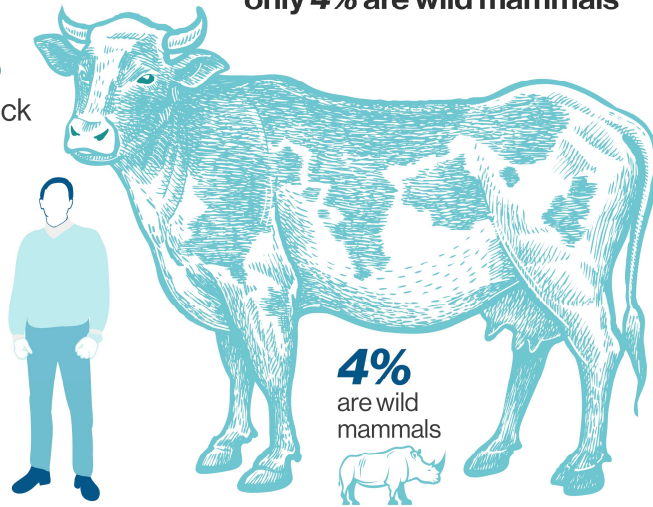


Source: Swiss Re Institute and multiple data sources

Of all the mammals on earth,
96% are livestock and humans...
only 4% are wild mammals

60%
are livestock

36%
are humans



70%
of birds are chickens
and other poultry



30%
are wild

6th mass extinction

96% of mammals livestock/human

83% of wild mammals gone

58% of wildlife gone

50% of plants gone

50% of fish gone

(Ceballos et al. 2015, WWF 2016, Bar-On et al, 2018)



Cause



Agriculture the greatest driver of species loss

80% of agricultural land devoted to livestock & feed

Meat the biggest threat to wildlife

Tilman et al, 2017; WWF 2016; UNFAO 2006;
Machovina et al, 2015, NEAA PBL 2010;
Ripple et al, 2019



Rethinking Global Biodiversity Strategies



Netherlands Environmental Assessment Agency

A "No Meat Diet" most effective, will prevent 60 percent of biodiversity loss.

(Ten Brink et al, 2010)



Protein Pollution



Reactive nitrogen from animal waste:

Acidifies & eutrophies fresh water

Decreases biodiversity

Greatest coastal water polluter
(nitrates)

Postel, 2013; Steinfeld et al, 2006; EWG, 1996; UN DESA, 2006; UNEP, 2010; Sutton et al, 2011



Nitrogen pollution must be halved by 2050

Or suffer toxic tides, lifeless rivers & dead oceans

UNEP International Nitrogen Management System, 2018



Reactive nitrogen builds protein

But is the greatest cause of water & air pollution

30%-40% of nitrogen in fertilizers are taken up by plants (Smil, 2013)

When we eat livestock, only 4% of protein is available to humans (Smil, 2013)

The rest is animal waste & pollution (Postel, 2013)



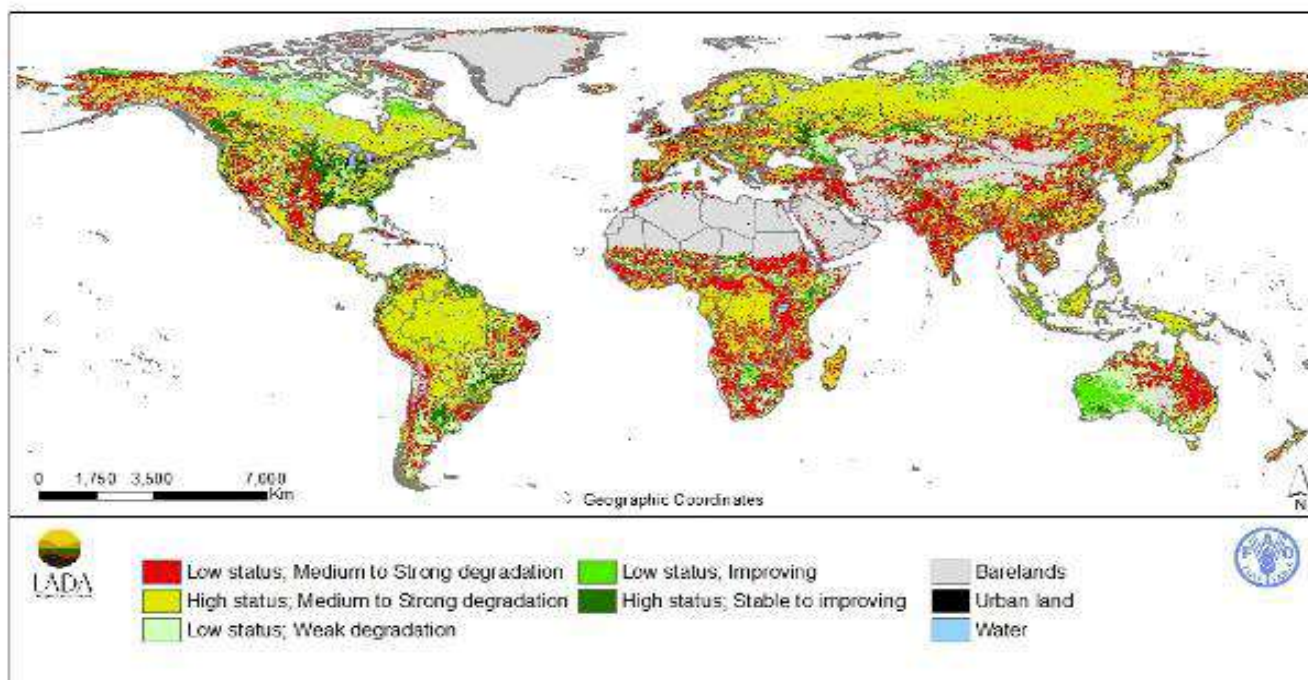


Nitrogen pollution in NE Atlantic halved if plant proteins replace half animal proteins

Desmit et al, 2018



Land degradation & desertification



69% of land is degraded

25% highly degraded

(FAO SOLAW, 2011; ISRIC, 2009)



20,000 square km lost each year from soil erosion

4 million km² of cropland now abandoned

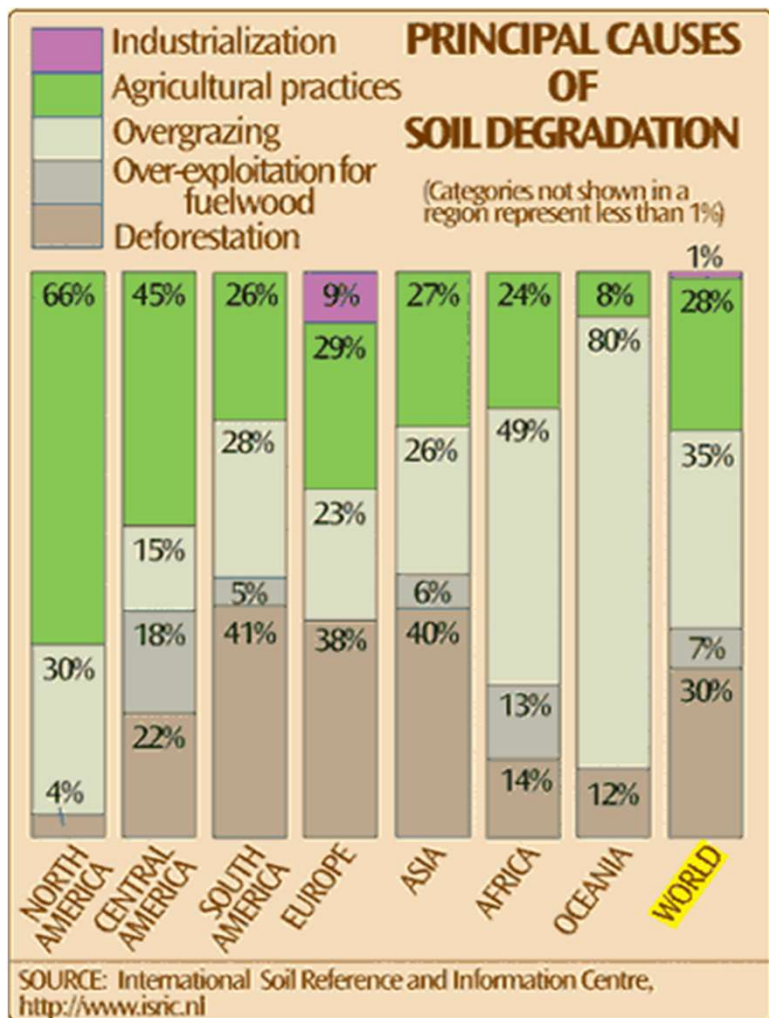
(Scholes et al, 2018. (IPBES))



50% of world's ag soils gone

60 years of farming left if soil degradation continues

(WWF, 2016; Arsenault, C, 2014)



Overgrazing, Deforestation and Ag practices the principal causes of soil degradation

(GLASOD; Kendall & Pimental, 1994; WRI 1994; Scholes et al, 2018)



Fresh Water



By 2030 the world will need 40% more water

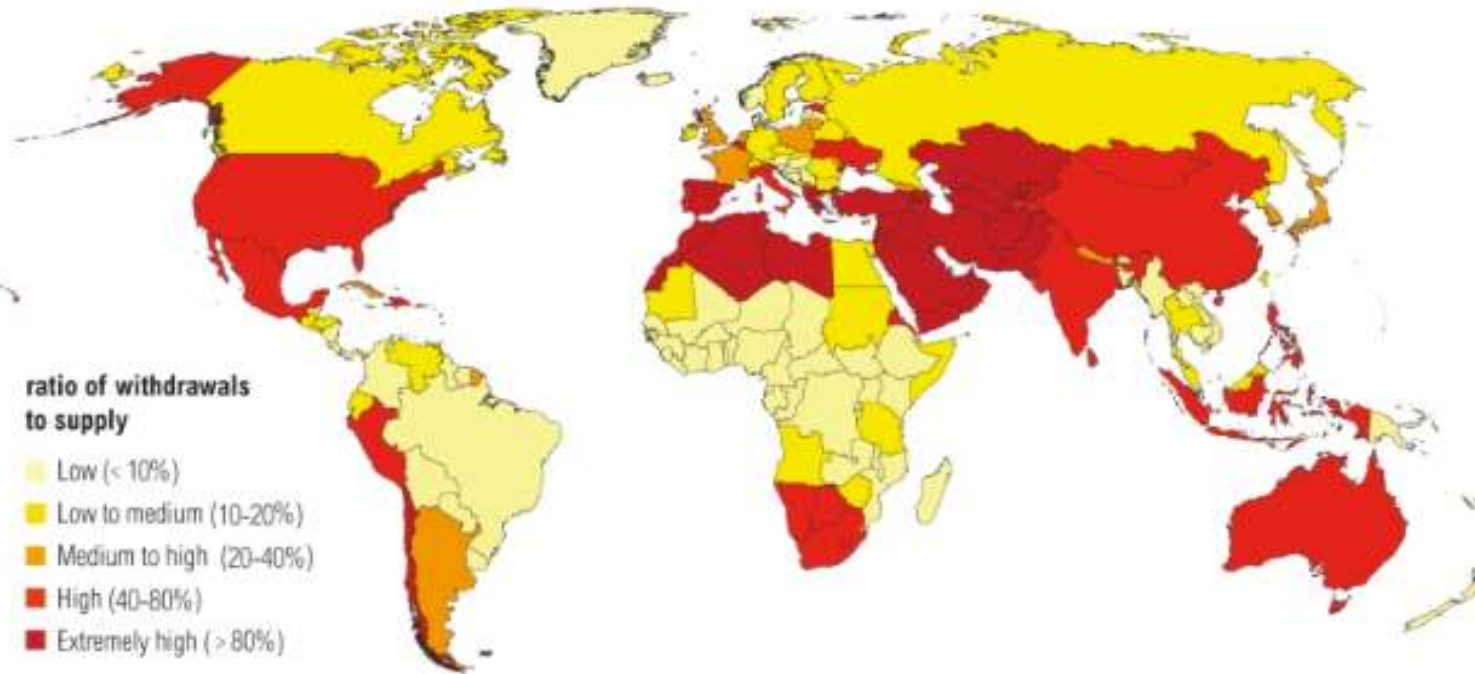
UN WWAP, 2015

Over half the world's largest aquifers are threatened

Richey et al, 2015



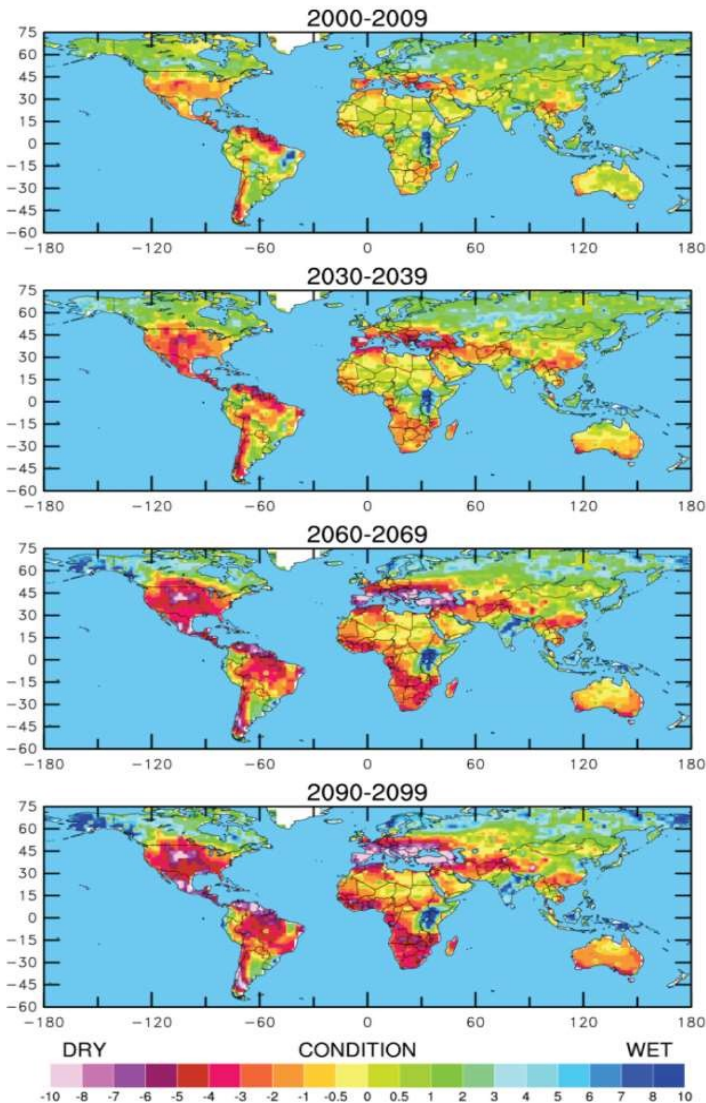
Water Stress by Country: 2040



NOTE: Projections are based on a business-as-usual scenario using SSP2 and RCP8.5.

For more: ow.ly/RiWop

(Luo et al. 2015)



70% of water for irrigation

90% in developing countries

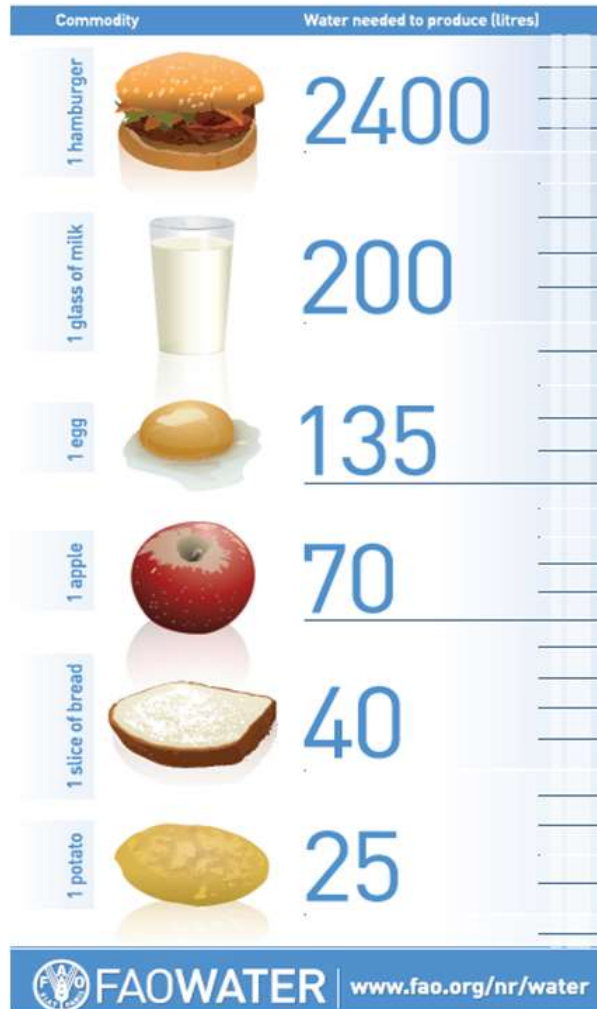
(Willett et al, 2019; UN WWAP, 2014)

22.5 million climate refugees per year since 2008

(GRID, 2018)

Water shortage projection

(Dai, A 2011)



Meat & dairy heavy water users:
6x more water to grow a kilogram
of protein from animal sources
20x more water to grow calories
from beef than from grain or
potatoes

(FAO, 2012, Ercin et al, 2011)



Enough water by 2050:

If animal food consumption is reduced to 5% of total calories.

75% reduction of animal foods.

(SIWI, 2012)



This report has been prepared as input to the 2012 World Water Week and its Special Focus on Water and Food Security.

Feeding a Thirsty World
Challenges and Opportunities for a Water and Food Secure Future

WORLD WATER WEEK
2012



REPORT 31

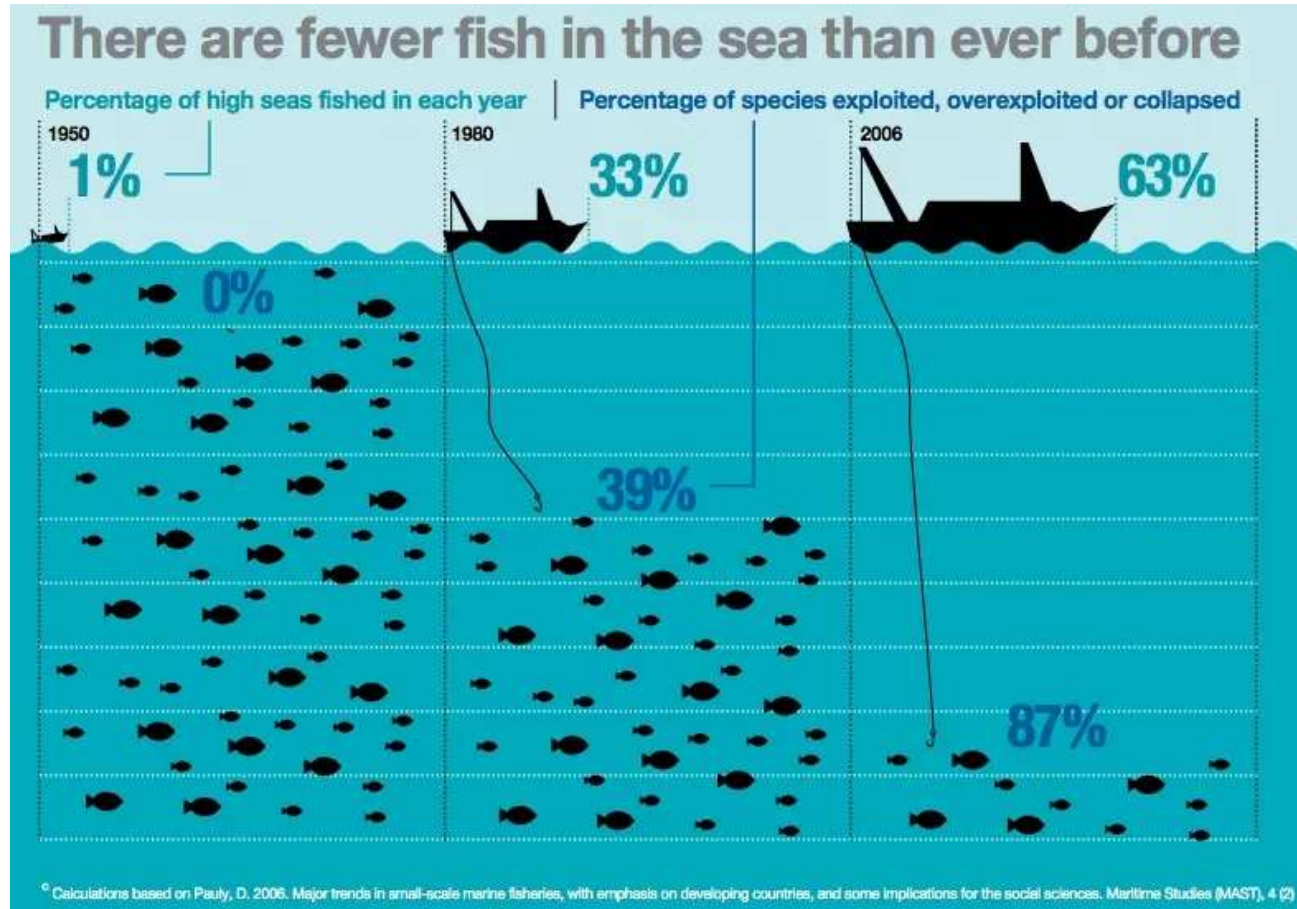


Oceans



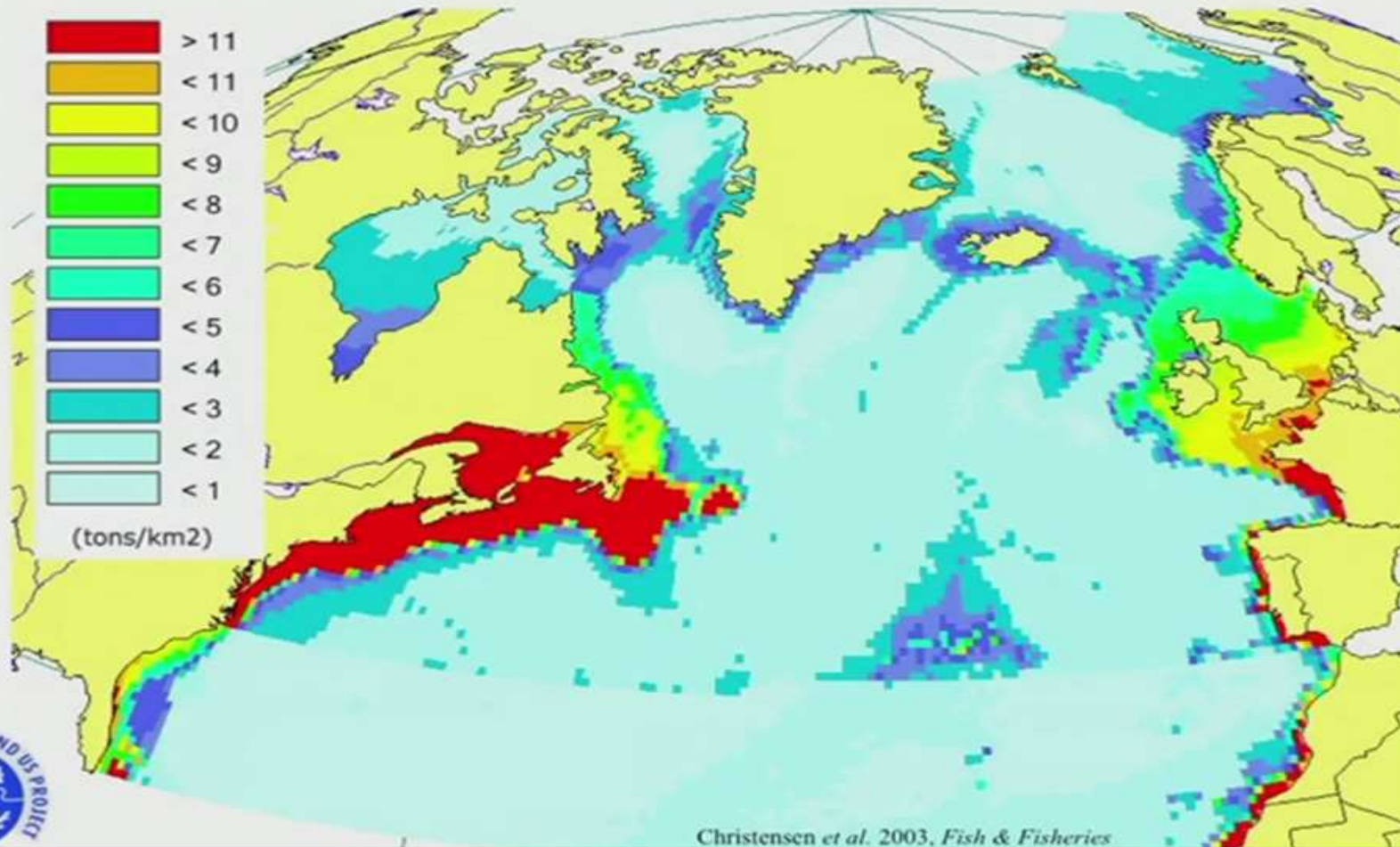
Overfishing has wiped out 90% of big fish (Myers & Worm, 2003; WWF, 2015)

Bottom trawling has 'plowed' continental shelves (Oberle et al, 2016)



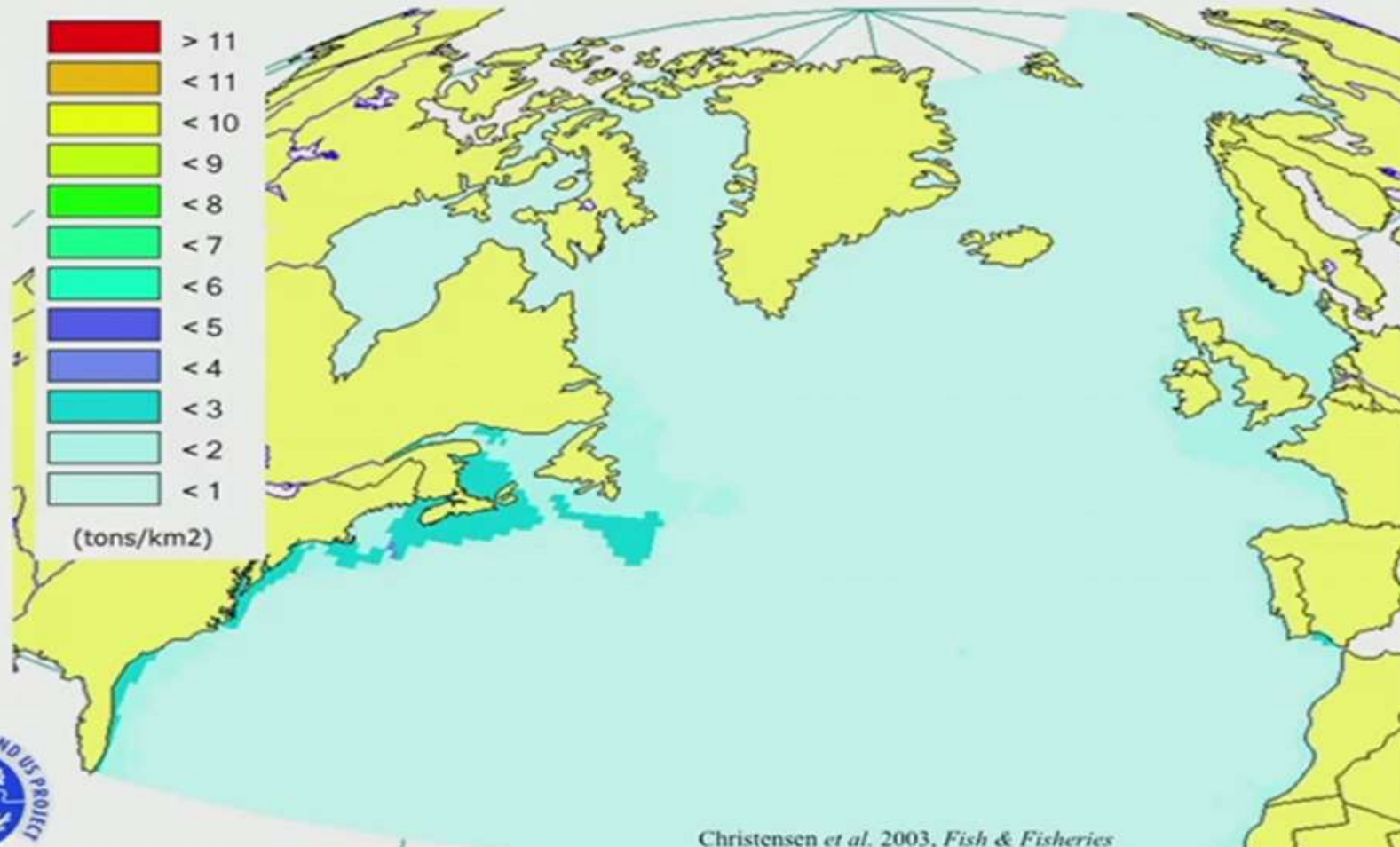
Fishing fleet up 10x since 1950's, catch down 50%
(Global Ocean Commission, 2016)

Biomass of table fish 1900



North Atlantic fish wiped out (Christiansen et al, 2003)

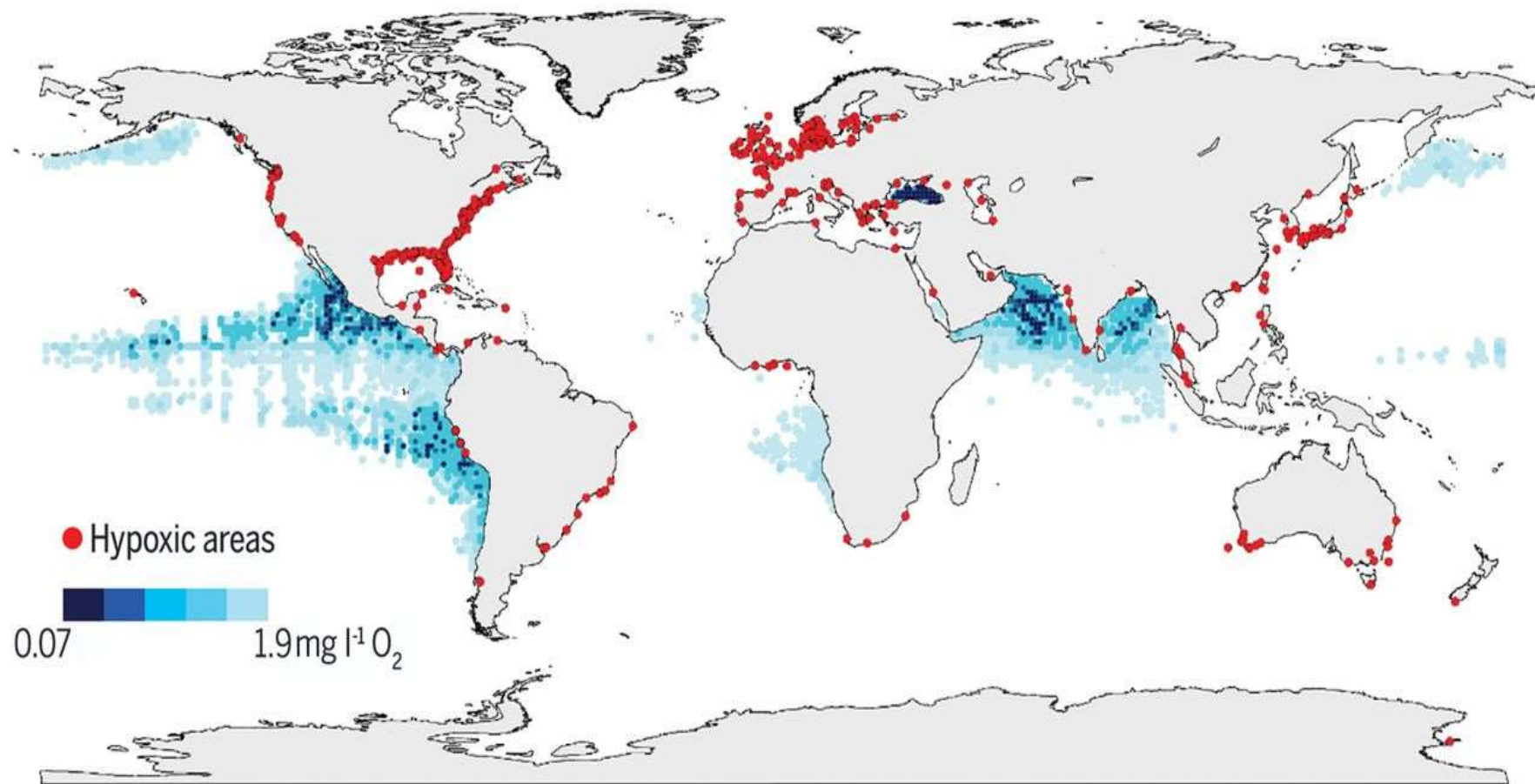
And in 2000...



North Atlantic fish wiped out



300-400 ocean dead zones from nitrogen pollution (Welch, 2012; Roberts, 2012; Lam & Kuypers, 2011)



Ocean dead zone sites and spread (Brietburg et al. 2018)

Hypoxic oceans a driver in past mass extinctions

(Bartlett et al, 2018)



Climate



Half major extreme weather 2011-2015 'climate boosted' (WMO, 2016)

37 cases of regional tipping points (abrupt, irreversible change) (Drijfhout, et al, 2015)





Iraqi/Syrian refugee crisis due to climate change (Kelley et al, 2013)

150 million climate refugees by 2050 (EJF, 2009)





Victoria Falls, December 2019



Positive proof of global warming.



**18th
Century**

1900

1950

1970

1980

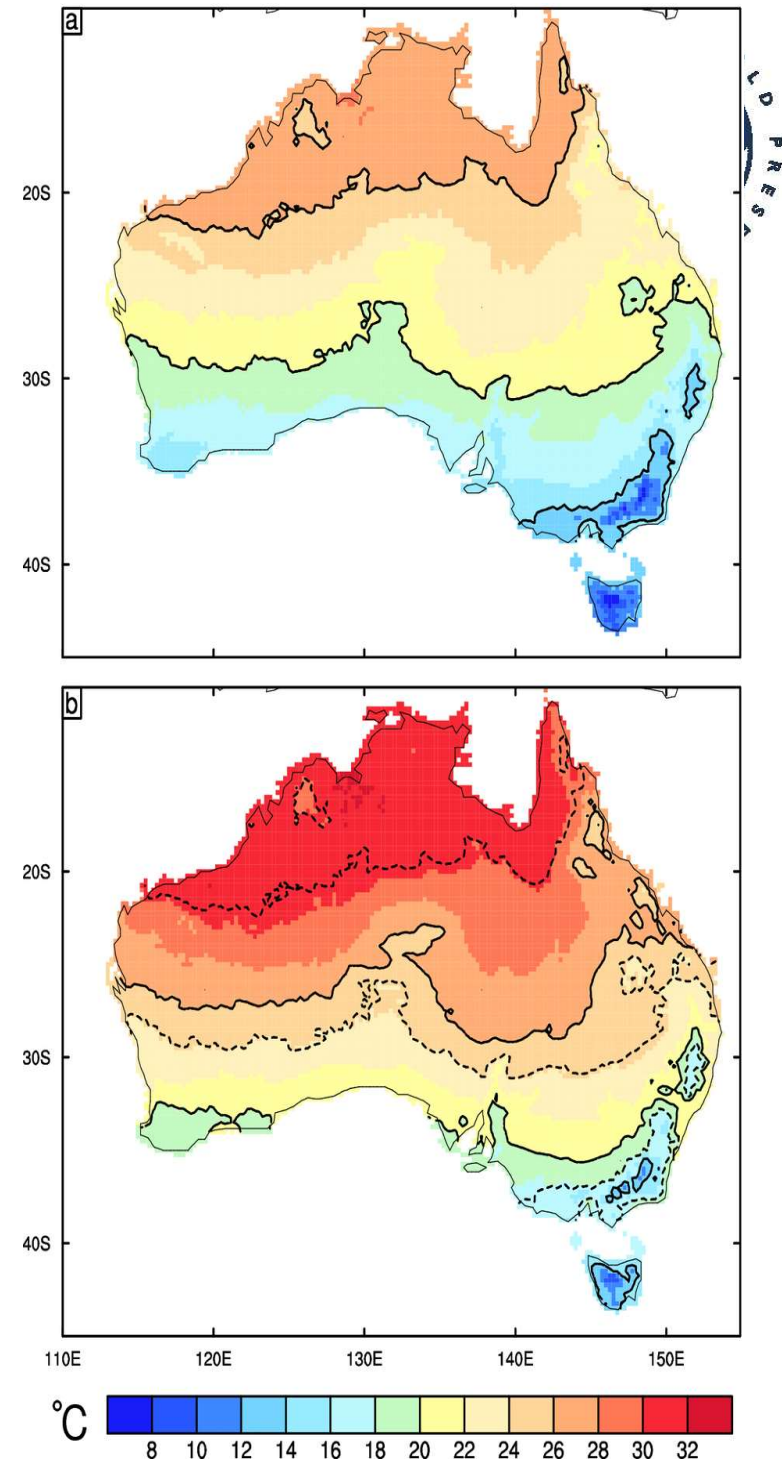
1990

2006

CSIRO projections

- By 2090
 - 0.6 to 1.7C (low emission scenario)
 - 2.8 to 5.1C (high emission scenario)
- [Rangelands](#) warm by 2.9-5.3C
- [East Coast](#), including Sydney and Brisbane, warms by 2.7-4.7C
(CSIRO, 2018)

- This map shows the annual mean temperature for present climate (A), and late 21st century (B). In each panel the 14C, 20C, and 26C contours are shown with solid black lines. In (B) the same contours from the original climate are plotted as dotted lines to provide the clearest depiction of the shifts in climate. CSIRO





Opinion Bushfires

This is climate changed. Pray for rain. Pray harder for leadership

We had a bushfire two months ago that burned most of our property. It didn't matter. It burned again

Badja Sparks

Fri 15 Nov 2019 12.07 AEDT



396 563



▲ 'Wyaliba has lost two lives and more than half our homes, our school, our bridge, our wildlife and 40 years of work to build a community. What was our paradise is now ash.' Photograph: Steve Evans



Methane has surged, livestock responsible

(Saunois et al, 2016)

Methane will cause 1.5° – 2° even if CO₂ cut to zero (Howarth, 2014)



4-legged methane factory



A vegan diet reduces land use by
3.1 billion ha - 76%

Poore & Nemecek, 2018



Converting 41% of pastures to native forest would draw down 27 years of current emissions or 265 GtC

(Rao et al, 2015)

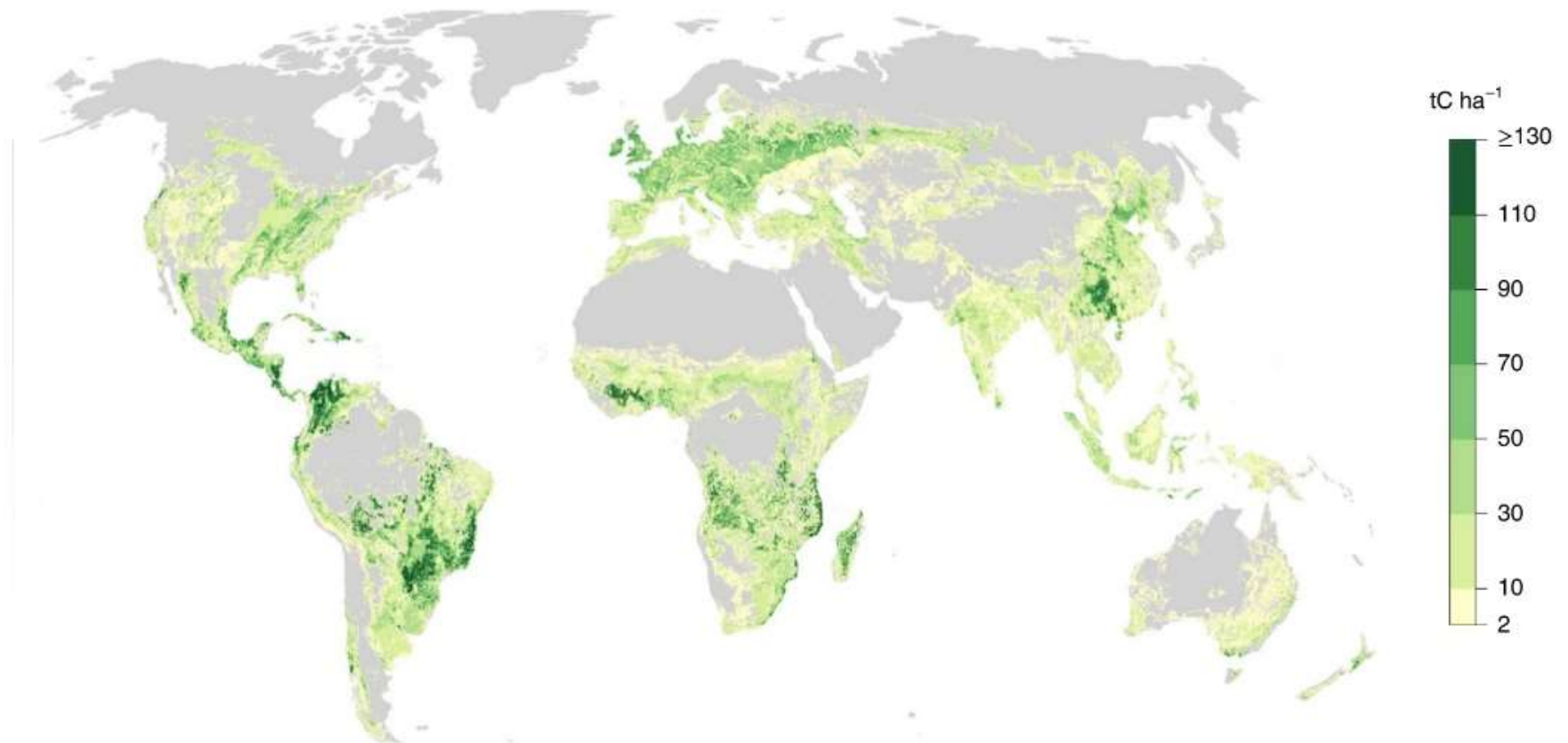


Fig. 1 | Distribution of carbon in potential vegetation in areas of present-day animal feed croplands and pastures combined for each 5 arcmin grid cell. Colour corresponds to the product of land area presently under cultivation multiplied by the potential vegetation carbon density, minus the quantity presently stored in agricultural vegetation.

Vegan diet could sequester 332-547 GtCO₂ by 2050

(Hayek et al, 2020)



PBL Netherlands Environmental Assessment Agency

Topics About PBL

[Home](#) > [Publications](#) > [2009](#) > Climate benefits of changing diet

Climate benefits of changing diet

Article | 12-02-2009



Reducing global meat consumption would reduce greenhouse gas emissions and cut the costs of climate policy substantially. This is the result of a PBL study published in *Climatic Change*. Apart from a reduction in methane and N2O emissions, vast agricultural areas would become unused, mostly as a result of reduced cattle grazing, and could take up large amounts of carbon. Shifting worldwide to a healthy low-meat diet would reduce the costs of stabilising greenhouse gases at 450 ppm CO2 eq. by more than 50%.

Links

> to the article (doi)

Abstract

Climate change mitigation policies tend to focus on the energy sector, while the livestock sector receives surprisingly little attention, despite the fact that it accounts for 18% of the greenhouse gas emissions and for 80% of total anthropogenic land use. From a dietary perspective, new insights in



Long term climate fix:

- Netherlands EIA: Lowest cost mitigation - Grow vegetation
- Retire grazing lands and feed crops, through
 - Low meat diet – 50% cost saving
 - Animal free (vegan) diet – 80% cost saving

(Stehfest et al, 2009)



Overpopulation?



- 7.5 billion people
- 64 billion livestock each year
- Western diet – 2,000 animals, 100,000 eggs eaten in a lifetime
- Livestock outweigh wildlife 18:1
- Livestock outweigh humanity 2:1

(FAOStat, 2013; Smil 2013)





Figure 1. World Meat Production, 1961–2010



©Worldwatch Institute

Source: FAO

Feedlot intensification has boosted production

Doubling production is not possible without severe environmental damage

(UNEP, 2010)



meat, aquaculture, eggs, and dairy

- use ~83% of the world's farmland
- provide 37% of our protein
- and 18% of our calories

(Poore & Nemecek, 2018)



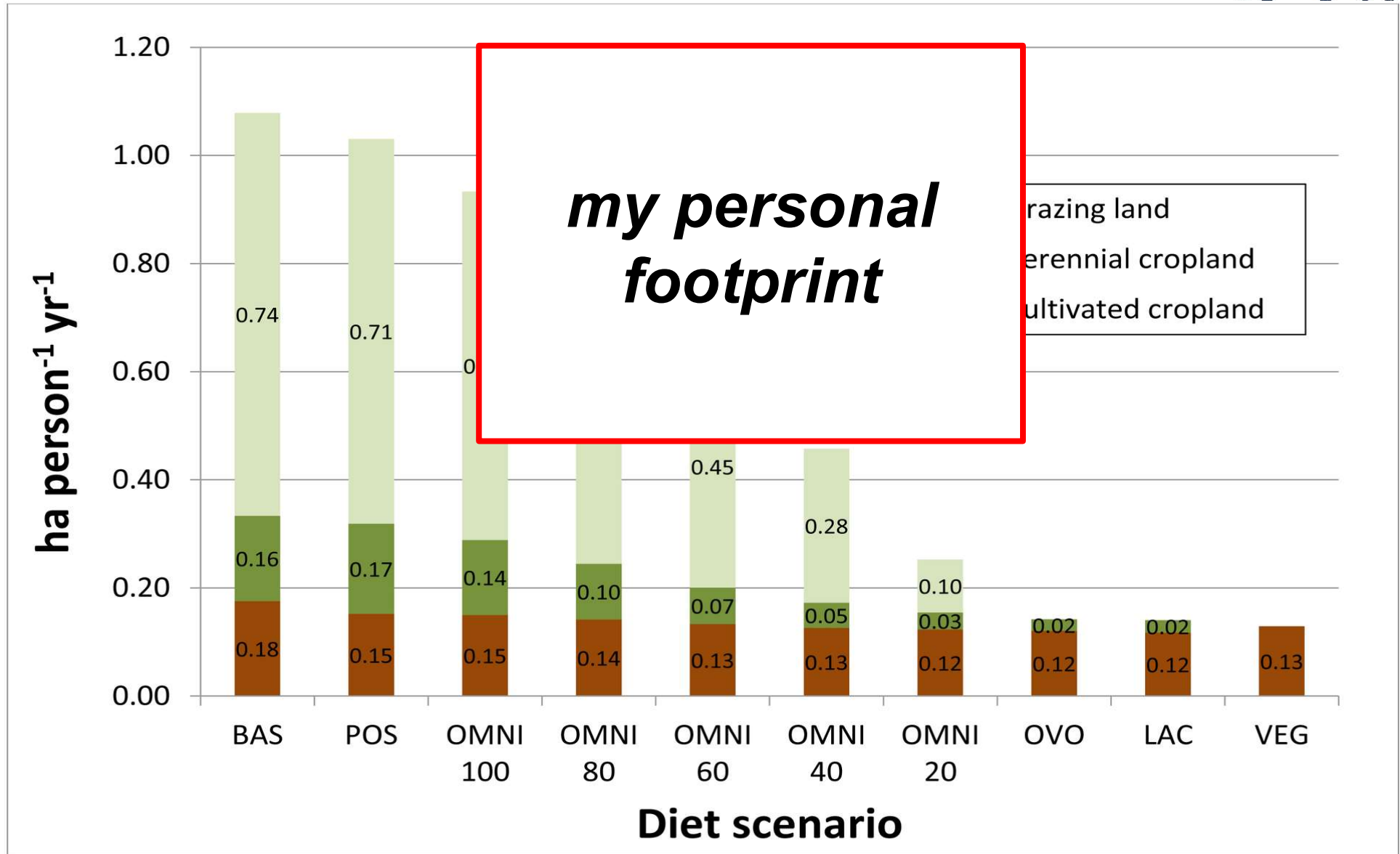
Without livestock to feed,
we would have a 50%
surplus of food
(FAO, 2006)

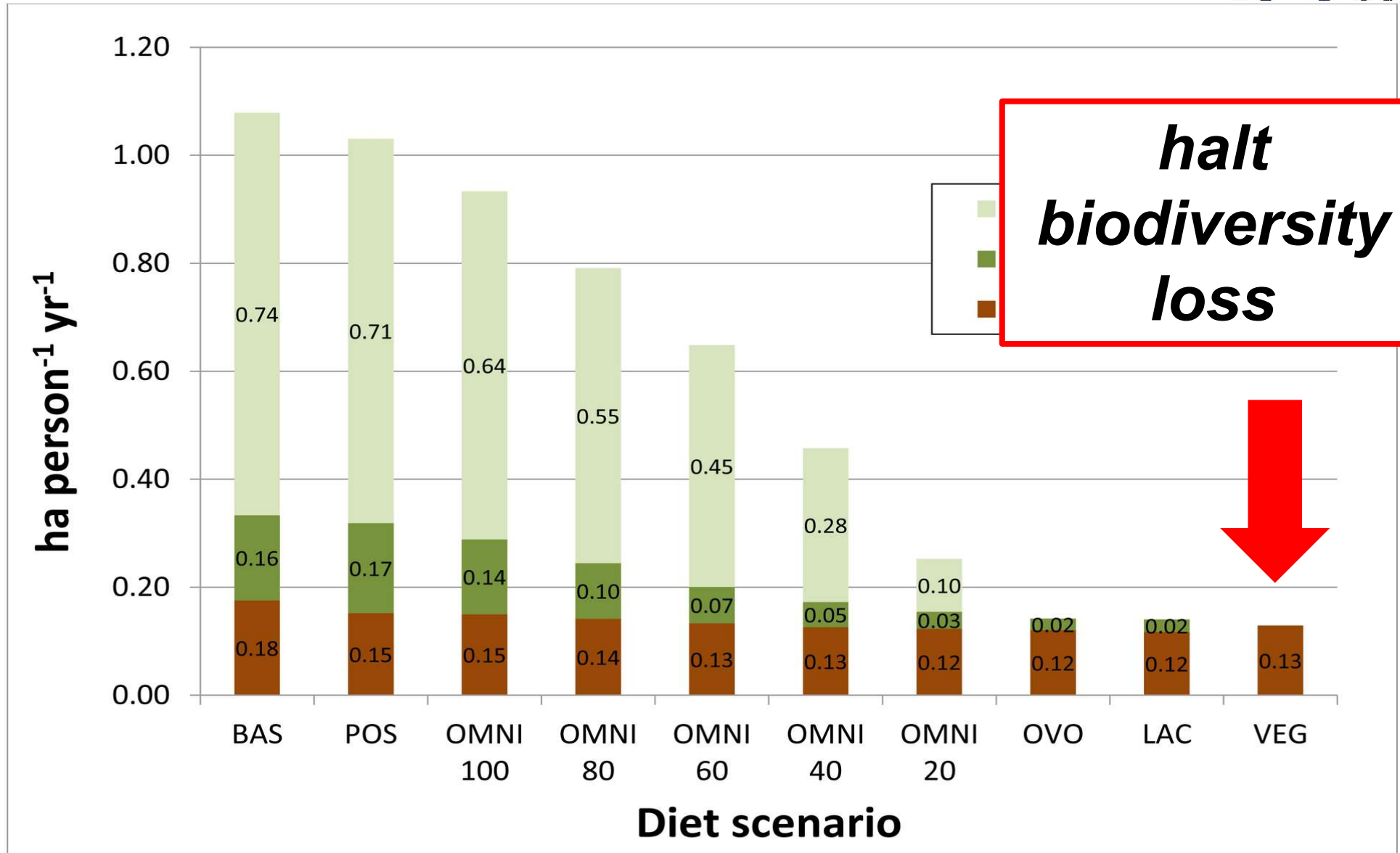


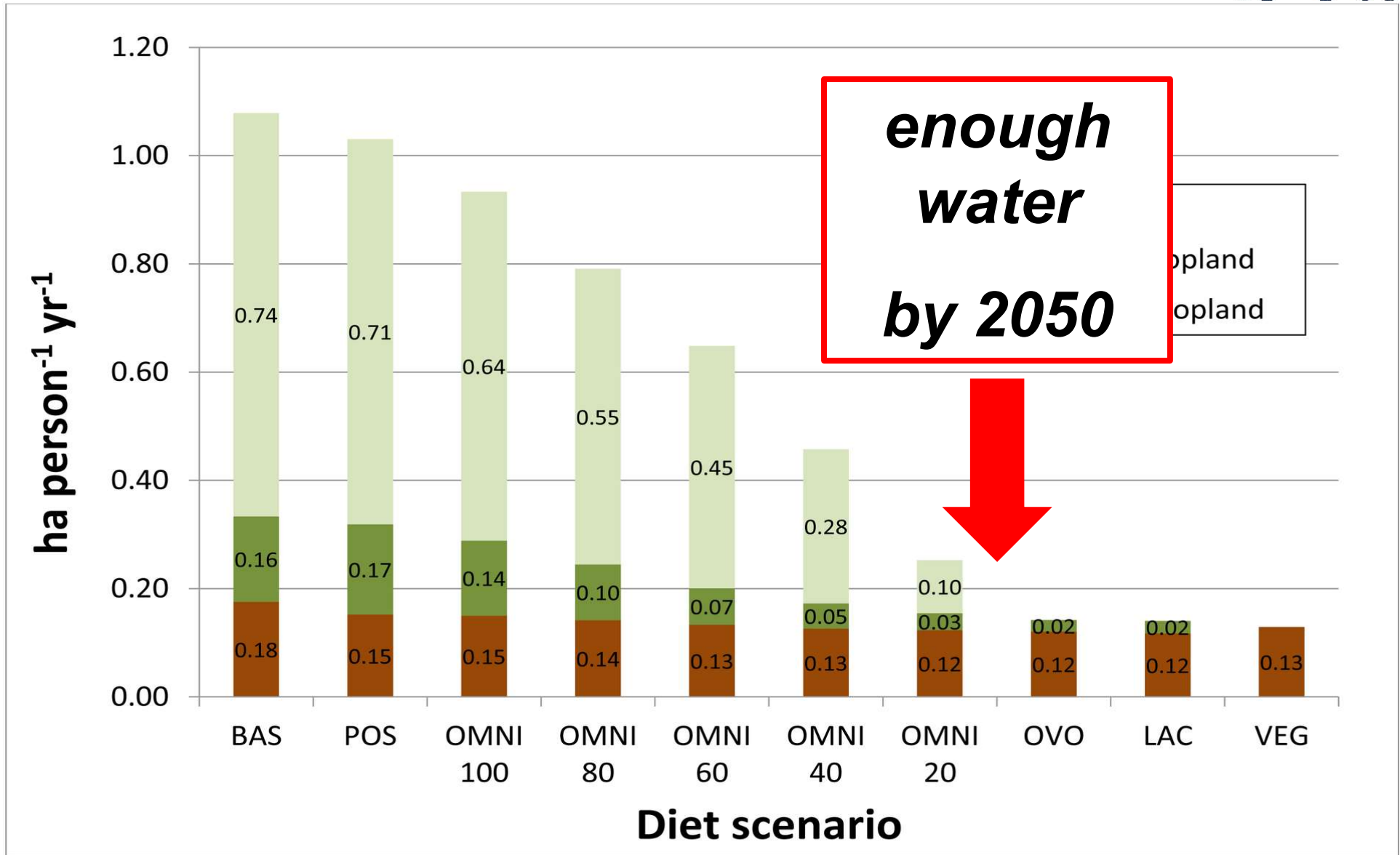
Current food system can feed only 3.4 billion sustainably

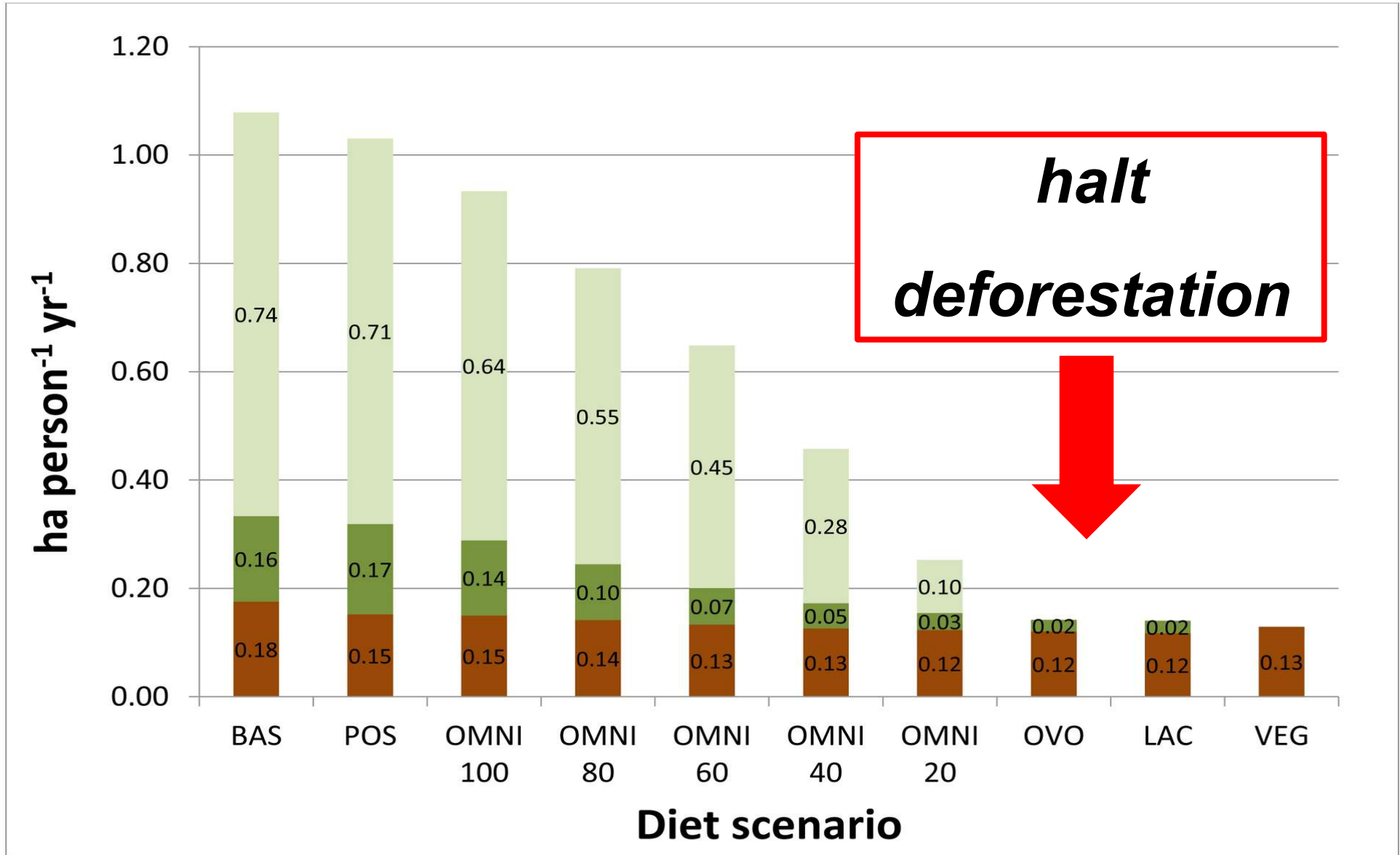
To stay within planetary boundaries:

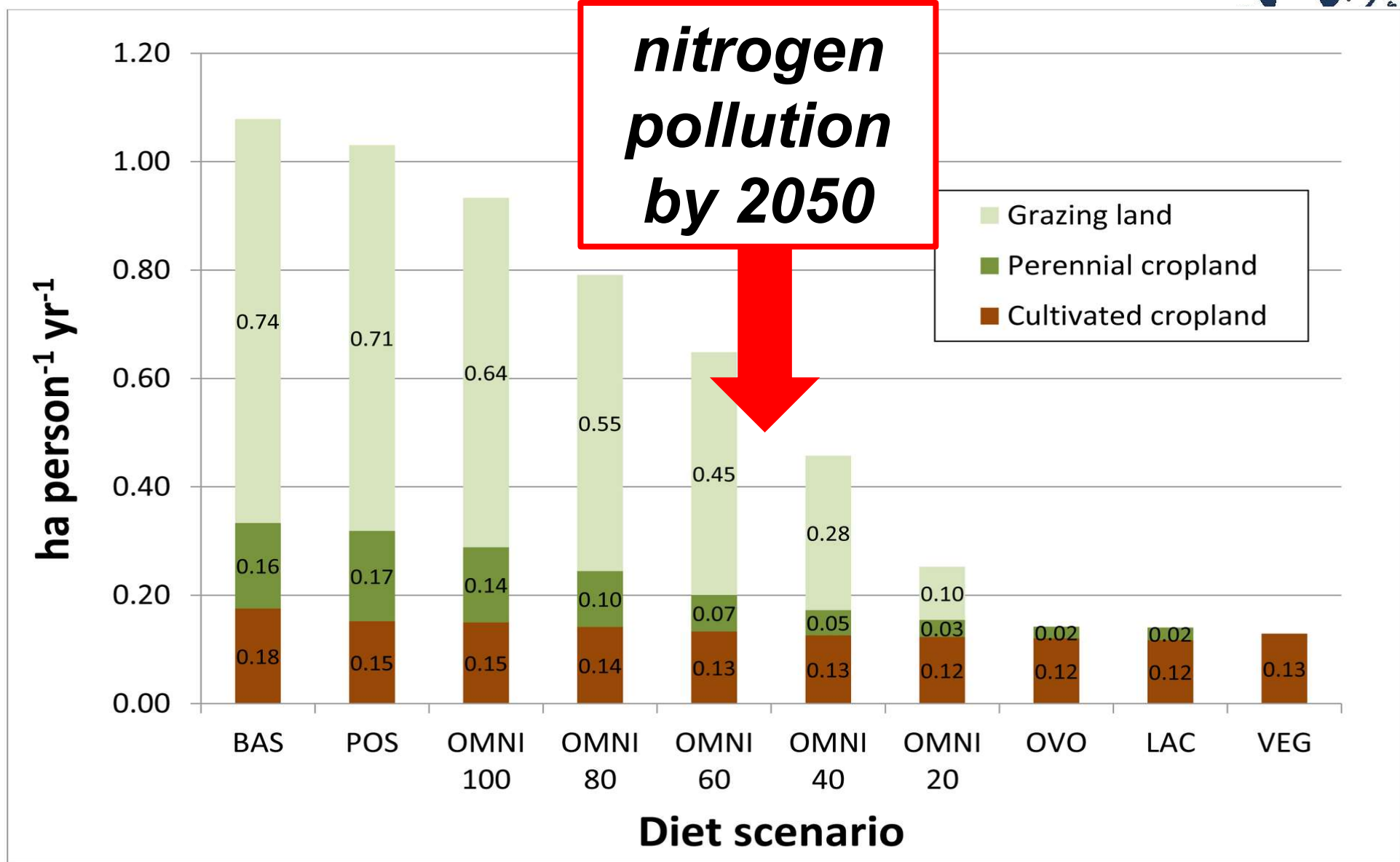
- Move to healthy diets
- Reduce food waste 50%
- Reduce water use
- Reduce fertilizer use



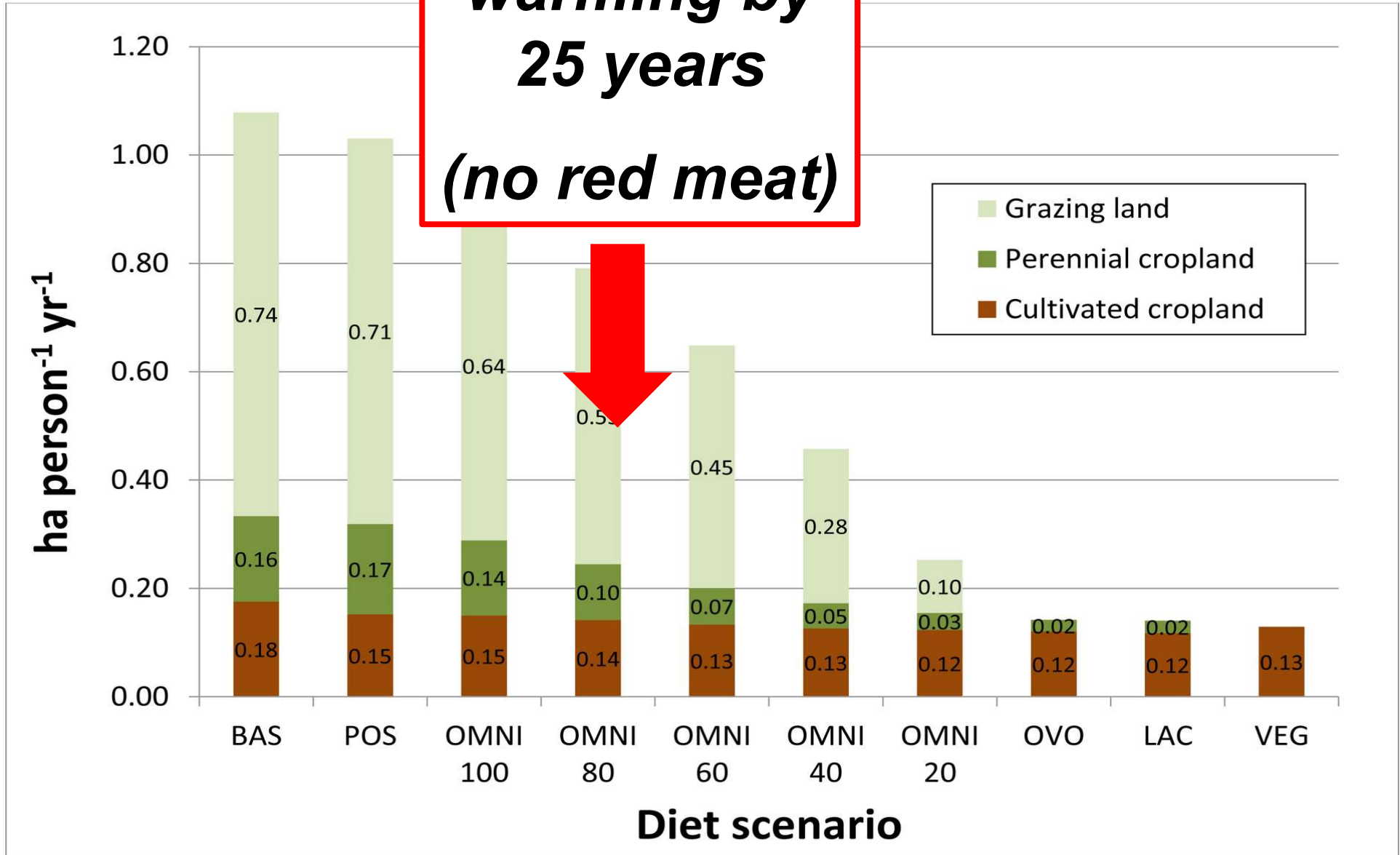




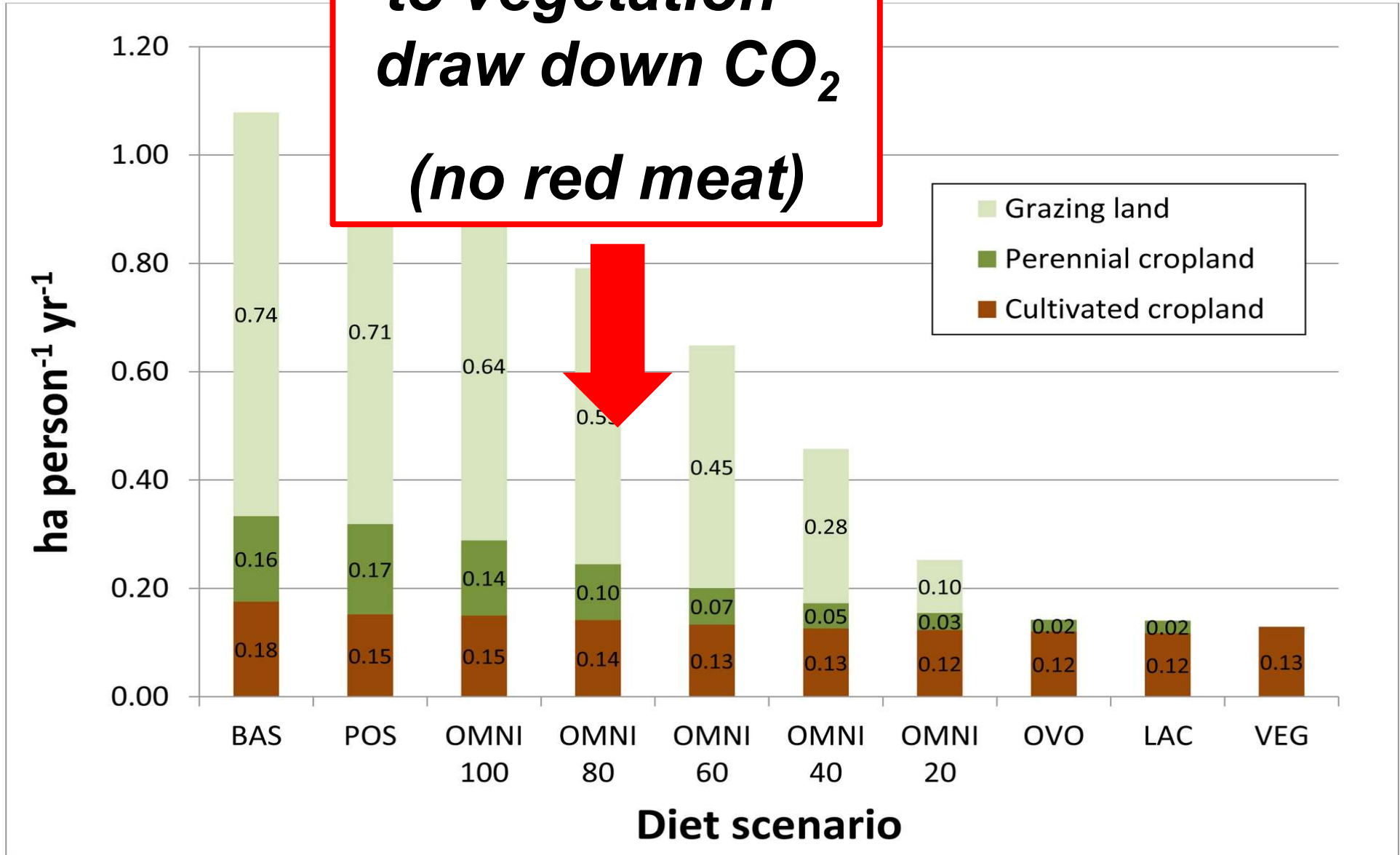




***slow global warming by 25 years
(no red meat)***



***return pastures
to vegetation –
draw down CO₂
(no red meat)***





**Lifestyle diseases:
will boomers bankrupt our
country?**



Today there are about 4,000 Australians over 100.

By mid-century it will be 70,000.



“Unhealthy diets ... pose a greater risk to morbidity and mortality than does unsafe sex, alcohol, drug, and tobacco use combined.”

EAT-Lancet Commission, 2019



Plant-Based Diets:
A solution to our public health crisis



A plant-based diet in conjunction with cholesterol-reducing medication eliminated progression of coronary artery disease over a 12-year period in patients with triple-vessel disease.
Esselstyn C.B.Jr, American Journal of Cardiology August 1999



“It is time to tell the truth. Family history and genetic background do not cause this illness. Genes load the gun, but lifestyle pulls the trigger.”

“a switch to a diet free of meat and dairy products will dramatically reduce ... obesity, cancer, heart disease and diabetes.”

Dr Caldwell Esselstyn

(WPF 2013; Esselstyn, 2008; Barnard et al., 2014; Boeing et al. 2012)



Chronic disease responsible for 60% of deaths

- 40% less likely to develop cancer in vegetarians
- 32% lower risk of heart disease in vegetarians
- 70% reduced risk of diabetes in vegans

(Levine et al. 2014; IARC, 2015; PCRM, 2010; Crowe et al, 2013)



“...vegetarian diets are appropriate for individuals during all stages of the life cycle, including pregnancy, lactation, infancy, childhood, and adolescence, and for athletes.”

ADA, 2009

Vegan endurance athletes performance advantages:

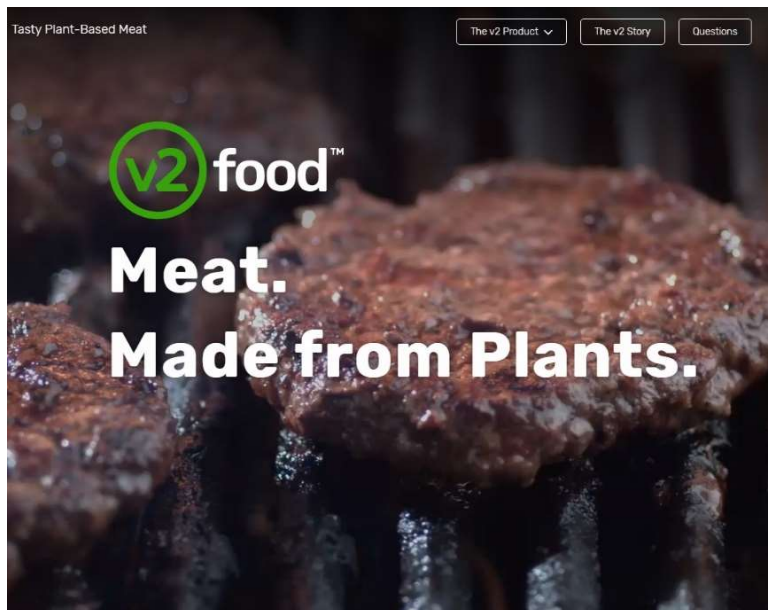
- Leaner body mass
- Reduced blood viscosity
- Reduced oxidative stress
- Reduced inflammation
- Increased VO2 max

(Barnard et al, 2019)





Convincing meat substitutes have surged



CSIRO startup with Hungry Jacks \$22m investment



What To Do?

- **Personal:** Diet change
- **Community:** Plant Trees
- **Local Government:** Climate Alliance/Power Partnership, support local vege producers
- **Federal Government:** meaningful carbon price, government purchasing, awareness campaigns

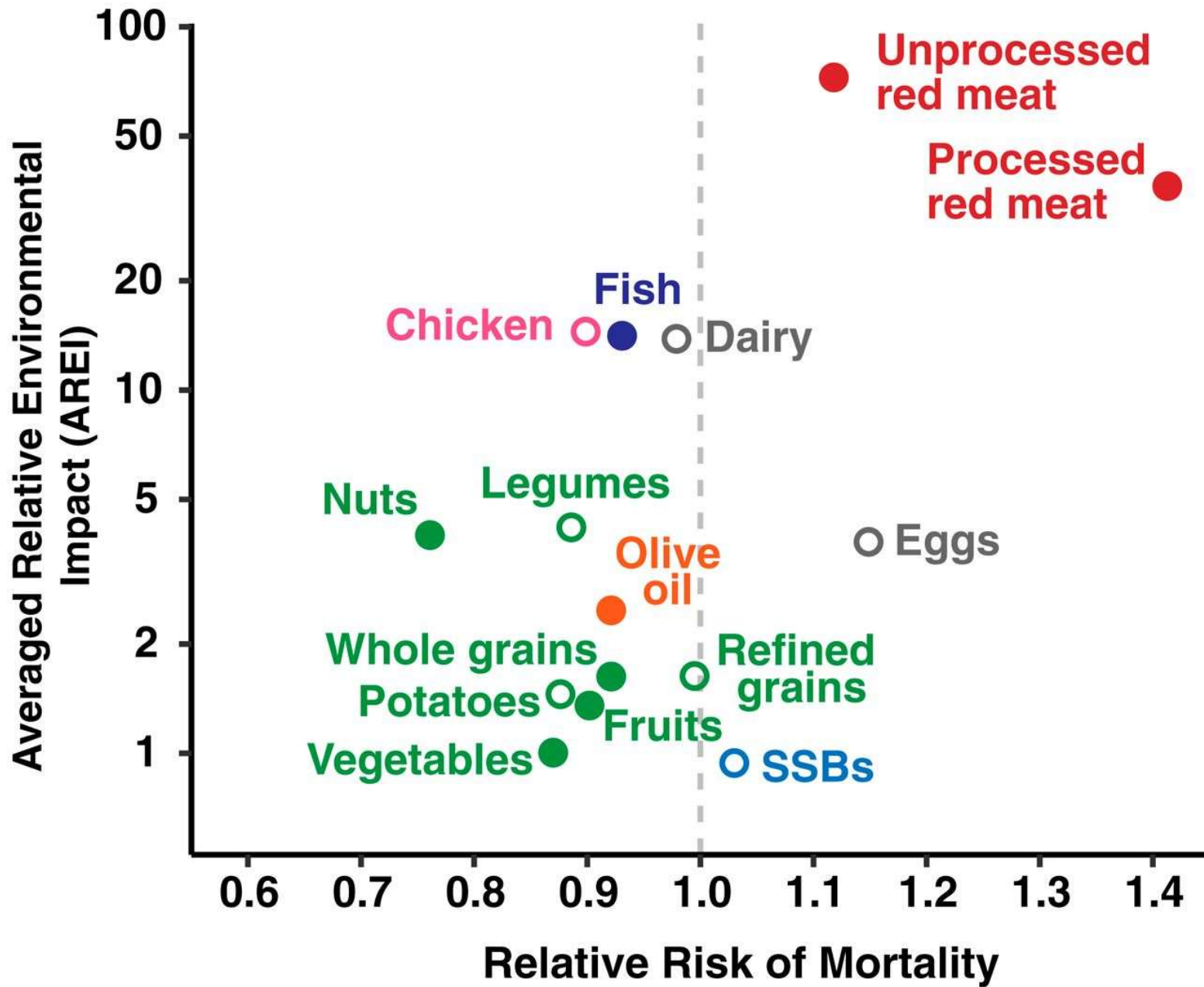


The end

WPF

WORLD PRESERVATION
FOUNDATION





Clark et al, 2019

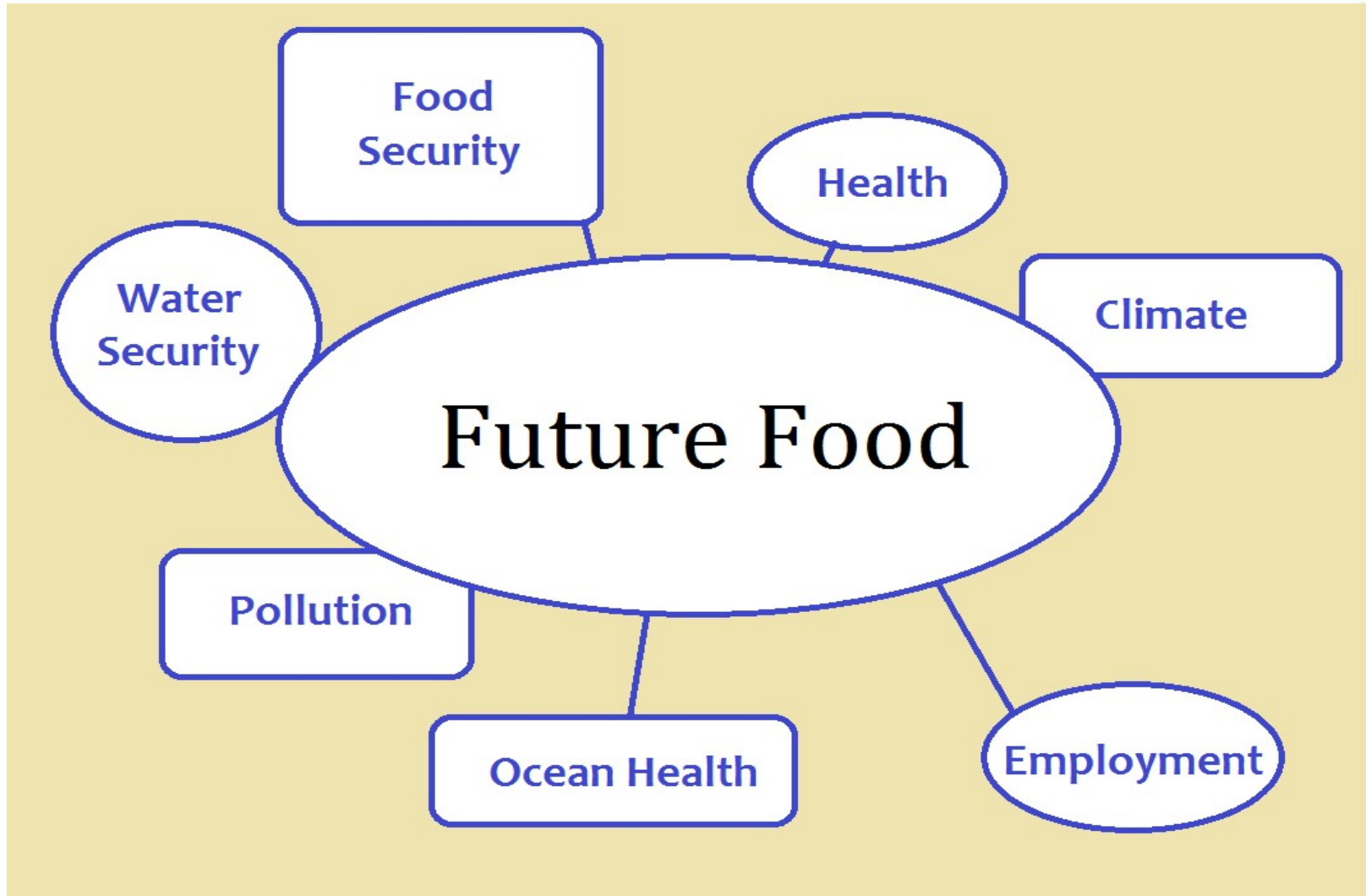
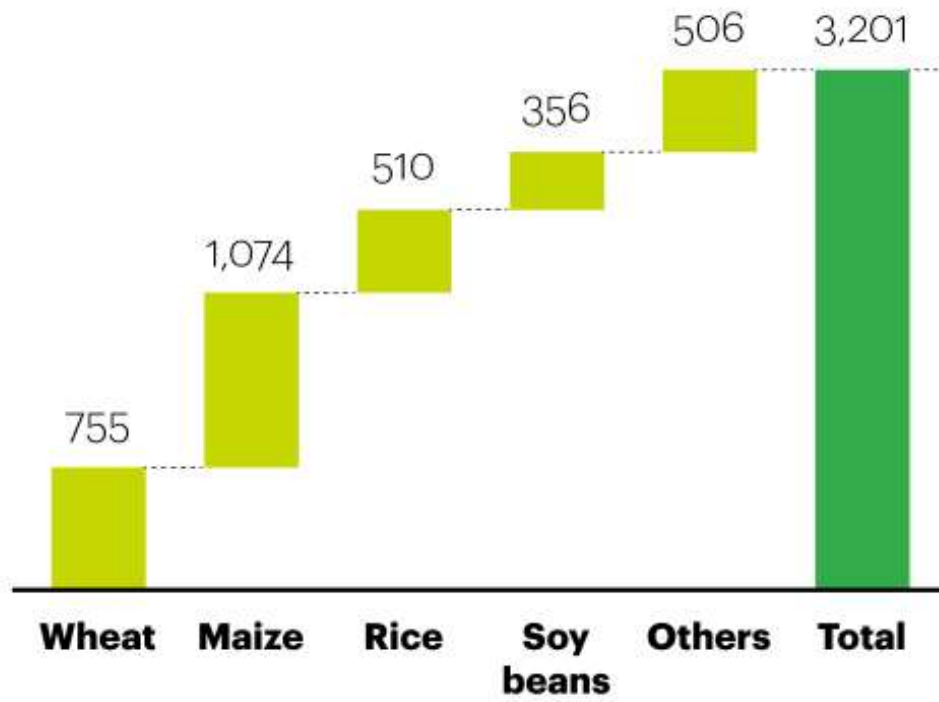




Photo by Matt Climb

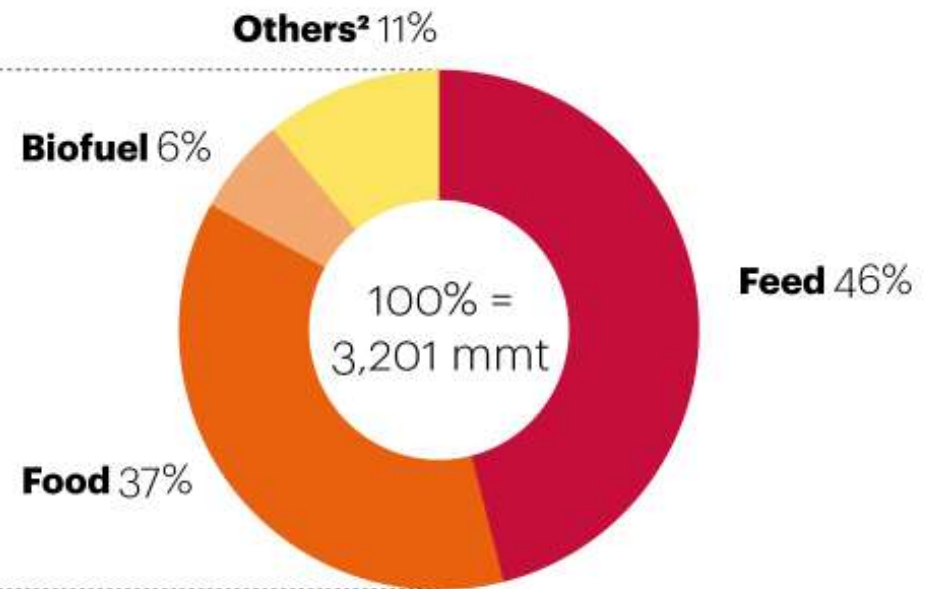
Worldwide production in 2018

in mmt¹



Worldwide consumption in 2018

in %



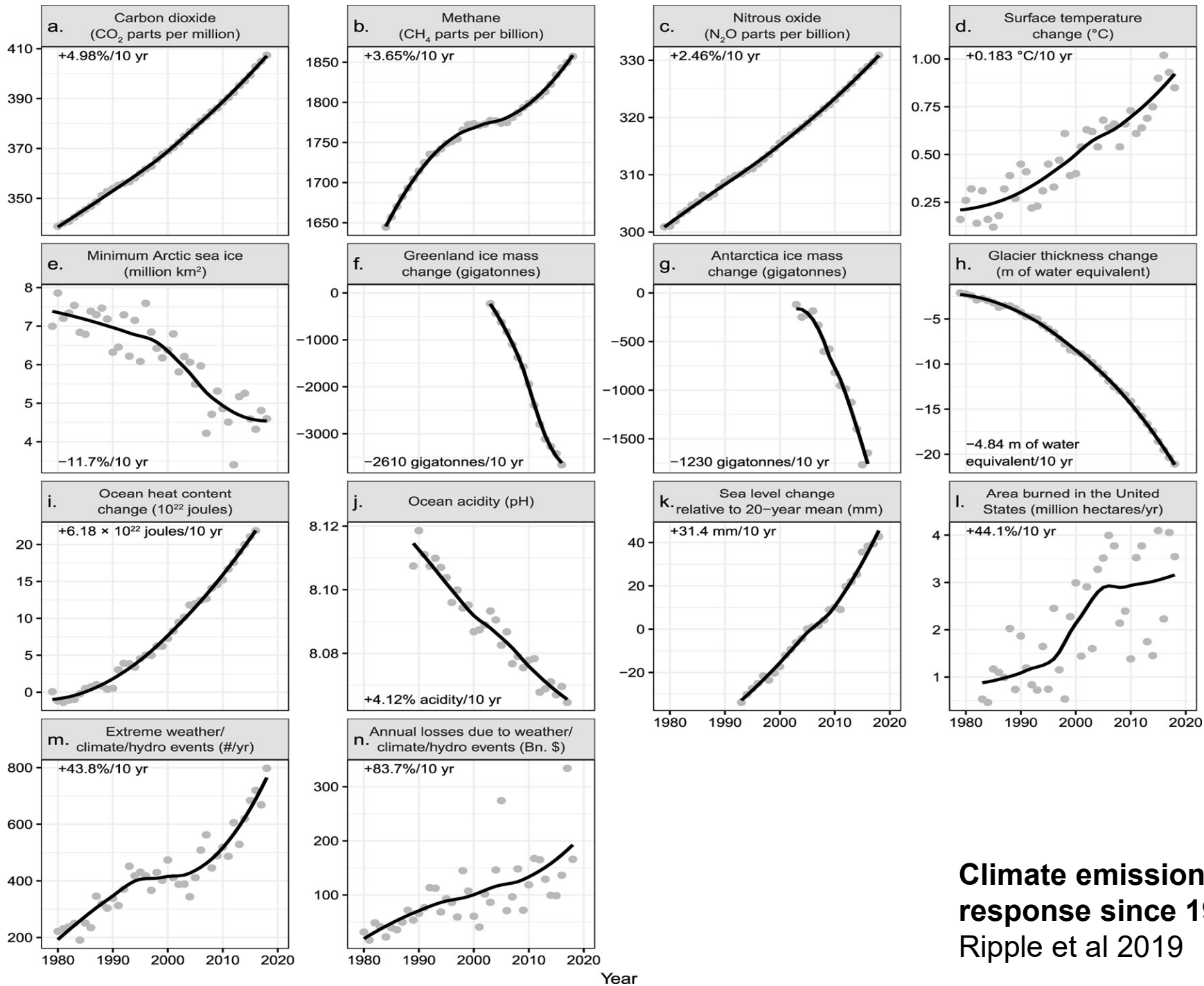
¹ mmt = million metric tons

² Others = industry consumption and deterioration

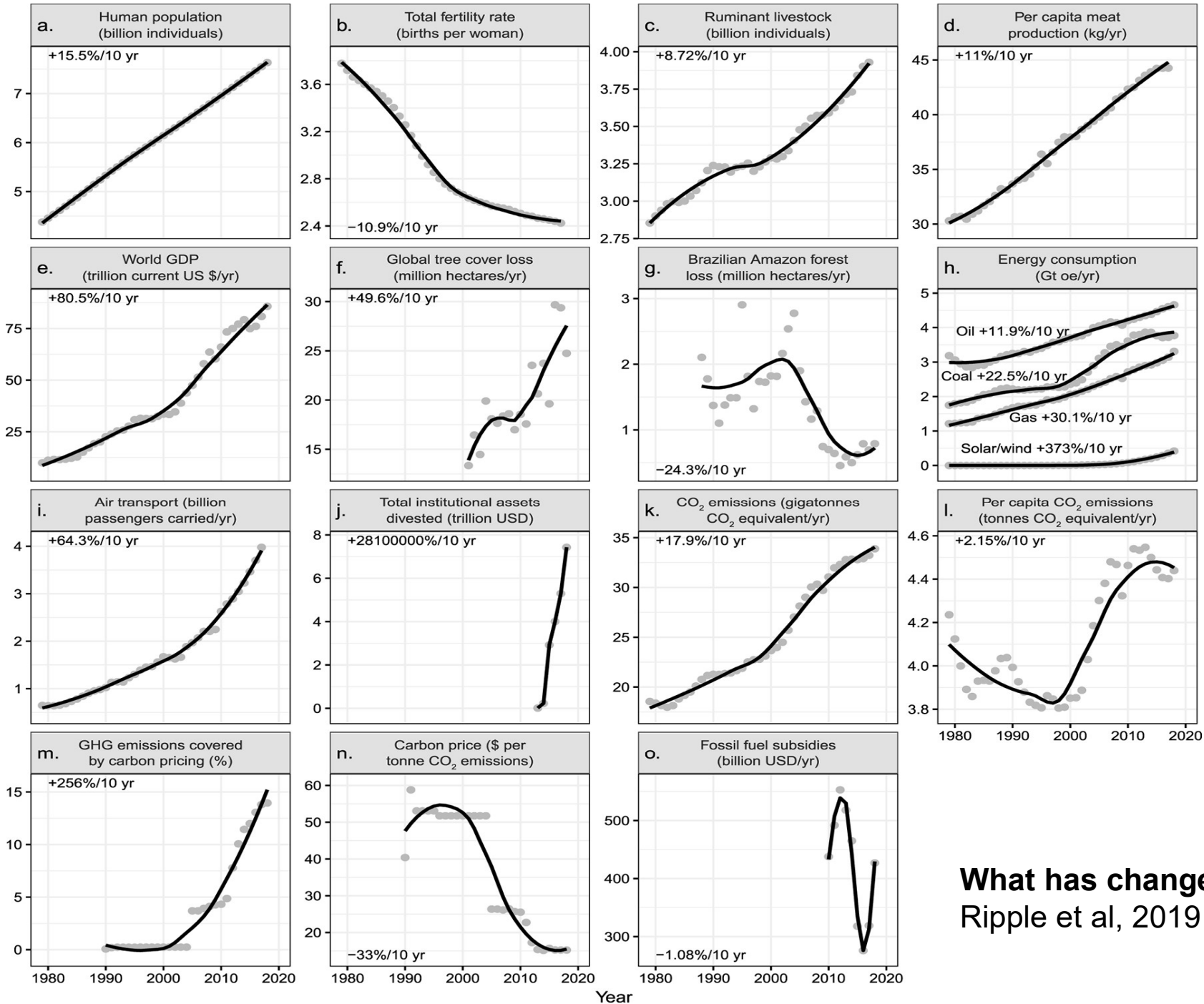
Sources: OECD, FAO; A.T. Kearney analysis

A vegan diet reduces land use by 3.1 billion ha - 76%

Poore & Nemecek, 2018



Climate emissions and response since 1979
Ripple et al 2019

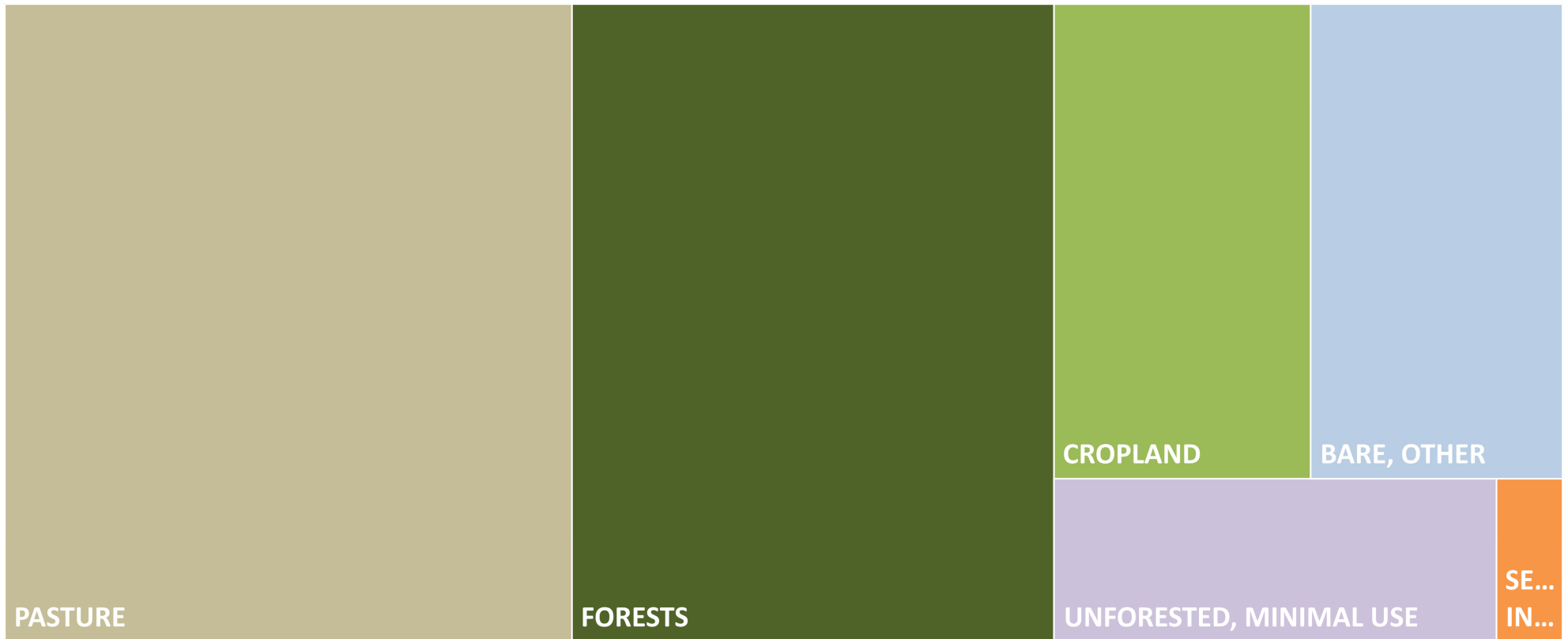


What has changed since 1979?
Ripple et al, 2019

How we use our planet



GLOBAL LAND USE

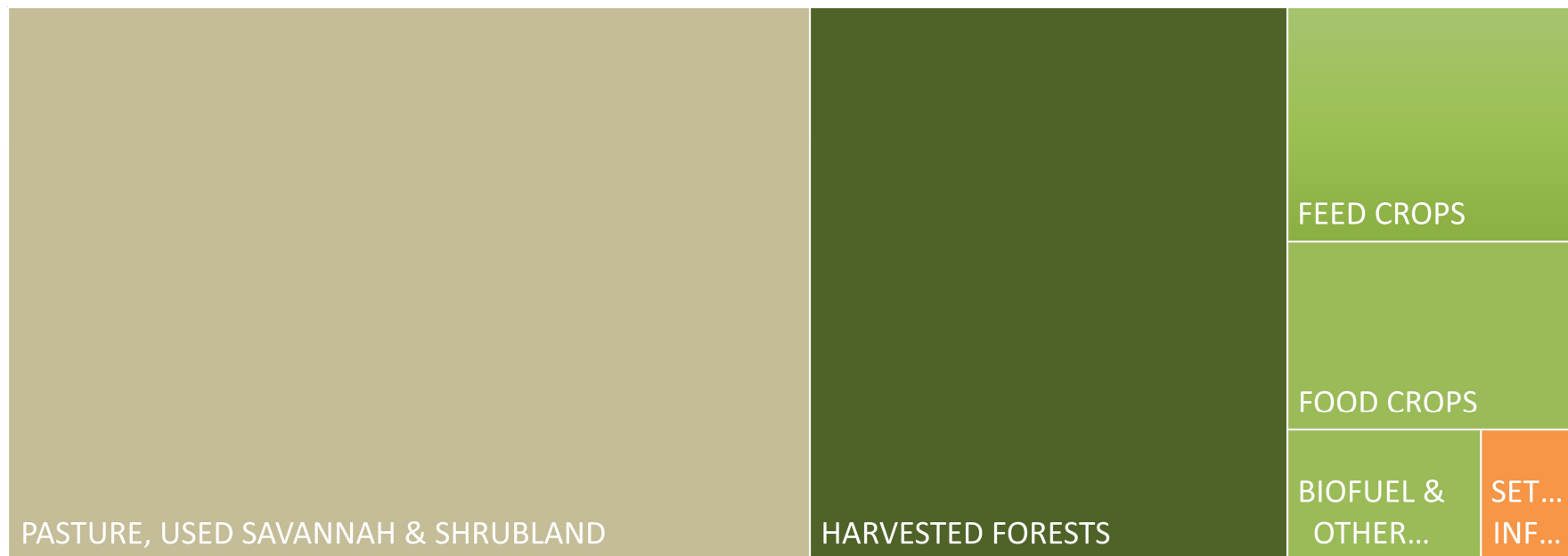


■ SETTLEMENT/INFRASTRUCTURE ■ CROPLAND ■ PASTURE ■ FORESTS ■ UNFORESTED, MINIMAL USE ■ BARE, OTHER

(IPCC, 2019)



HUMAN LAND USE



- SETTLEMENT / INFRASTRUCTURE
- FEED CROPS
- PASTURE, USED SAVANNAH & SHRUBLAND
- FOOD CROPS
- BIOFUEL & OTHER CROPS
- HARVESTED FORESTS

(IPCC, 2019, crop proportions from Gerhardt et al, 2019)

A vegan diet reduces land use by 3.1 billion ha - 76%

Poore & Nemecek, 2018